

Psalms for Evening Prayer

June 22 to June 26

Monday, June 22

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Part II *Tunc locutus es*

19 You spoke once in a vision and said to your faithful people: *
"I have set the crown upon a warrior
and have exalted one chosen out of the people.

20 I have found David my servant; *
with my holy oil have I anointed him.

21 My hand will hold him fast *
and my arm will make him strong.

22 No enemy shall deceive him, *
nor any wicked man bring him down.

23 I will crush his foes before him *
and strike down those who hate him.

24 My faithfulness and love shall be with him, *
and he shall be victorious through my Name.

25 I shall make his dominion extend *
from the Great Sea to the River.

26 He will say to me, 'You are my Father, *
my God, and the rock of my salvation.'

27 I will make him my firstborn *
and higher than the kings of the earth.

28 I will keep my love for him for ever, *
and my covenant will stand firm for him.

29 I will establish his line for ever *
and his throne as the days of heaven."

30 "If his children forsake my law *
and do not walk according to my judgments;

31 If they break my statutes *
and do not keep my commandments;

32 I will punish their transgressions with a rod *
and their iniquities with the lash;

33 But I will not take my love from him, *
nor let my faithfulness prove false.

34 I will not break my covenant, *
nor change what has gone out of my lips.

35 Once for all I have sworn by my holiness: *
'I will not lie to David.

36 His line shall endure for ever *
and his throne as the sun before me;

37 It shall stand fast for evermore like the moon, *
the abiding witness in the sky."

38 But you have cast off and rejected your anointed; *
you have become enraged at him.

39 You have broken your covenant with your servant, *
defiled his crown, and hurled it to the ground.

40 You have breached all his walls *
and laid his strongholds in ruins.

41 All who pass by despoil him; *
he has become the scorn of his neighbors.

42 You have exalted the right hand of his foes *
and made all his enemies rejoice.

43 You have turned back the edge of his sword *
and have not sustained him in battle.

44 You have put an end to his splendor *
and cast his throne to the ground.

45 You have cut short the days of his youth *
and have covered him with shame.

46 How long will you hide yourself, O Lord?
will you hide yourself for ever? *
how long will your anger burn like fire?

47 Remember, Lord, how short life is, *
how frail you have made all flesh.

48 Who can live and not see death? *
who can save himself from the power of the grave?

49 Where, Lord, are your loving-kindnesses of old, *
which you promised David in your faithfulness?

50 Remember, Lord, how your servant is mocked, *
how I carry in my bosom the taunts of many peoples,

51 The taunts your enemies have hurled, O Lord, *
which they hurled at the heels of your anointed.

52 Blessed be the Lord for evermore! *
Amen, I say, Amen.

Tuesday, June 23 – Eve of the Nativity of St. John the Baptist

103 *Benedic, anima mea*

1 Bless the Lord, O my soul, *
and all that is within me, bless his holy Name.

2 Bless the Lord, O my soul, *
and forget not all his benefits.

3 He forgives all your sins *
and heals all your infirmities;

4 He redeems your life from the grave *
and crowns you with mercy and loving-kindness;

5 He satisfies you with good things, *
and your youth is renewed like an eagle's.

6 The Lord executes righteousness *
and judgment for all who are oppressed.

7 He made his ways known to Moses *
and his works to the children of Israel.

8 The Lord is full of compassion and mercy, *
slow to anger and of great kindness.

9 He will not always accuse us, *
nor will he keep his anger for ever.

10 He has not dealt with us according to our sins, *
nor rewarded us according to our wickedness.

11 For as the heavens are high above the earth, *
so is his mercy great upon those who fear him.

12 As far as the east is from the west, *
so far has he removed our sins from us.

13 As a father cares for his children, *
so does the Lord care for those who fear him.

14 For he himself knows whereof we are made; *
he remembers that we are but dust.

15 Our days are like the grass; *
we flourish like a flower of the field;

16 When the wind goes over it, it is gone, *
and its place shall know it no more.

17 But the merciful goodness of the Lord endures for ever on those who fear him, *
and his righteousness on children's children;

18 On those who keep his covenant *
and remember his commandments and do them.

19 The Lord has set his throne in heaven, *
and his kingship has dominion over all.

20 Bless the Lord, you angels of his,
you mighty ones who do his bidding, *
and hearken to the voice of his word.

21 Bless the Lord, all you his hosts, *
you ministers of his who do his will.

22 Bless the Lord, all you works of his,
in all places of his dominion; *
bless the Lord, O my soul.

Wednesday, June 24 – Nativity of St. John the Baptist

80 *Qui regis Israel*

1 Hear, O Shepherd of Israel, leading Joseph like a flock; *
shine forth, you that are enthroned upon the cherubim.

2 In the presence of Ephraim, Benjamin, and Manasseh, *
stir up your strength and come to help us.

3 Restore us, O God of hosts; *
show the light of your countenance, and we shall be saved.

4 O Lord God of hosts, *
how long will you be angered
despite the prayers of your people?

5 You have fed them with the bread of tears; *
you have given them bowls of tears to drink.

6 You have made us the derision of our neighbors, *
and our enemies laugh us to scorn.

7 Restore us, O God of hosts; *
show the light of your countenance, and we shall be saved.

8 You have brought a vine out of Egypt; *
you cast out the nations and planted it.

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9 You prepared the ground for it; *
it took root and filled the land.

10 The mountains were covered by its shadow *
and the towering cedar trees by its boughs.

11 You stretched out its tendrils to the Sea *
and its branches to the River.

12 Why have you broken down its wall, *
so that all who pass by pluck off its grapes?

13 The wild boar of the forest has ravaged it, *
and the beasts of the field have grazed upon it.

14 Turn now, O God of hosts, look down from heaven;
behold and tend this vine; *
preserve what your right hand has planted.

15 They burn it with fire like rubbish; *
at the rebuke of your countenance let them perish.

16 Let your hand be upon the man of your right hand, *
the son of man you have made so strong for yourself.

17 And so will we never turn away from you; *
give us life, that we may call upon your Name.

18 Restore us, O Lord God of hosts; *
show the light of your countenance, and we shall be saved.

Thursday, June 25

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Part II *Et intravit Israel*

23 Israel came into Egypt, *
and Jacob became a sojourner in the land of Ham.

24 The Lord made his people exceedingly fruitful; *
he made them stronger than their enemies;

25 Whose heart he turned, so that they hated his people, *
and dealt unjustly with his servants.

26 He sent Moses his servant, *
and Aaron whom he had chosen.

27 They worked his signs among them, *
and portents in the land of Ham.

28 He sent darkness, and it grew dark; *
but the Egyptians rebelled against his words.

29 He turned their waters into blood *
and caused their fish to die.

30 Their land was overrun by frogs, *
in the very chambers of their kings.

31 He spoke, and there came swarms of insects *
and gnats within all their borders.

32 He gave them hailstones instead of rain, *
and flames of fire throughout their land.

33 He blasted their vines and their fig trees *
and shattered every tree in their country.

34 He spoke, and the locust came, *
and young locusts without number,

35 Which ate up all the green plants in their land *
and devoured the fruit of their soil.

36 He struck down the firstborn of their land, *
the firstfruits of all their strength.

37 He led out his people with silver and gold; *
in all their tribes there was not one that stumbled.

38 Egypt was glad of their going, *
because they were afraid of them.

39 He spread out a cloud for a covering *
and a fire to give light in the night season.

40 They asked, and quails appeared, *
and he satisfied them with bread from heaven.

41 He opened the rock, and water flowed, *
so the river ran in the dry places.

42 For God remembered his holy word *
and Abraham his servant.

43 So he led forth his people with gladness, *
his chosen with shouts of joy.

44 He gave his people the lands of the nations, *
and they took the fruit of others' toil,

45 That they might keep his statutes *
and observe his laws.
Hallelujah!

Friday, June 26

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Part I *Confitemini Domino*

1 Give thanks to the Lord, for he is good, *
and his mercy endures for ever.

2 Let all those whom the Lord has redeemed proclaim *
that he redeemed them from the hand of the foe.

3 He gathered them out of the lands; *
from the east and from the west,
from the north and from the south.

4 Some wandered in desert wastes; *
they found no way to a city where they might dwell.

5 They were hungry and thirsty; *
their spirits languished within them.

6 Then they cried to the Lord in their trouble, *
and he delivered them from their distress.

7 He put their feet on a straight path *
to go to a city where they might dwell.

8 Let them give thanks to the Lord for his mercy *
and the wonders he does for his children.

9 For he satisfies the thirsty *
and fills the hungry with good things.

10 Some sat in darkness and deep gloom, *
bound fast in misery and iron;

11 Because they rebelled against the words of God *
and despised the counsel of the Most High.

12 So he humbled their spirits with hard labor; *
they stumbled, and there was none to help.

13 Then they cried to the Lord in their trouble, *
and he delivered them from their distress.

14 He led them out of darkness and deep gloom *
and broke their bonds asunder.

15 Let them give thanks to the Lord for his mercy *
and the wonders he does for his children.

16 For he shatters the doors of bronze *
and breaks in two the iron bars.

17 Some were fools and took to rebellious ways; *
they were afflicted because of their sins.

18 They abhorred all manner of food *
and drew near to death's door.

19 Then they cried to the Lord in their trouble, *
and he delivered them from their distress.

20 He sent forth his word and healed them *
and saved them from the grave.

21 Let them give thanks to the Lord for his mercy *
and the wonders he does for his children.

22 Let them offer a sacrifice of thanksgiving *
and tell of his acts with shouts of joy.

23 Some went down to the sea in ships *
and plied their trade in deep waters;

24 They beheld the works of the Lord *
and his wonders in the deep.

25 Then he spoke, and a stormy wind arose, *
which tossed high the waves of the sea.

26 They mounted up to the heavens and fell back to the depths; *
their hearts melted because of their peril.

27 They reeled and staggered like drunkards *
and were at their wits' end.

28 Then they cried to the Lord in their trouble, *
and he delivered them from their distress.

29 He stilled the storm to a whisper *
and quieted the waves of the sea.

30 Then were they glad because of the calm, *
and he brought them to the harbor they were bound for.

31 Let them give thanks to the Lord for his mercy *
and the wonders he does for his children.

32 Let them exalt him in the congregation of the people *
and praise him in the council of the elders.