

Psalms for Evening Prayer

March 9 to March 13

Monday, March 9

77 *Voce mea ad Dominum*

1 I will cry aloud to God; *
I will cry aloud, and he will hear me.

2 In the day of my trouble I sought the Lord; *
my hands were stretched out by night and did not tire;
I refused to be comforted.

3 I think of God, I am restless, *
I ponder, and my spirit faints.

4 You will not let my eyelids close; *
I am troubled and I cannot speak.

5 I consider the days of old; *
I remember the years long past;

6 I commune with my heart in the night; *
I ponder and search my mind.

7 Will the Lord cast me off for ever? *
will he no more show his favor?

8 Has his loving-kindness come to an end for ever? *
has his promise failed for evermore?

9 Has God forgotten to be gracious? *
has he, in his anger, withheld his compassion?

10 And I said, "My grief is this: *
the right hand of the Most High has lost its power."

11 I will remember the works of the Lord, *
and call to mind your wonders of old time.

12 I will meditate on all your acts *
and ponder your mighty deeds.

13 Your way, O God, is holy; *
who is so great a god as our God?

14 You are the God who works wonders *
and have declared your power among the peoples.

15 By your strength you have redeemed your people, *
the children of Jacob and Joseph.

16 The waters saw you, O God;
the waters saw you and trembled; *
the very depths were shaken.

17 The clouds poured out water;
the skies thundered; *
your arrows flashed to and fro;

18 The sound of your thunder was in the whirlwind;
your lightnings lit up the world; *
the earth trembled and shook.

19 Your way was in the sea,
and your paths in the great waters, *
yet your footsteps were not seen.

20 You led your people like a flock *
by the hand of Moses and Aaron.

79 *Deus, venerunt*

1 O God, the heathen have come into your inheritance;
they have profaned your holy temple; *
they have made Jerusalem a heap of rubble.

2 They have given the bodies of your servants as food for the birds of the air, *
and the flesh of your faithful ones to the beasts of the field.

3 They have shed their blood like water on every side of Jerusalem, *
and there was no one to bury them.

4 We have become a reproach to our neighbors, *
an object of scorn and derision to those around us.

5 How long will you be angry, O Lord? *
will your fury blaze like fire for ever?

6 Pour out your wrath upon the heathen who have not known you *
and upon the kingdoms that have not called upon your Name.

7 For they have devoured Jacob *
and made his dwelling a ruin.

8 Remember not our past sins;
let your compassion be swift to meet us; *
for we have been brought very low.

9 Help us, O God our Savior, for the glory of your Name; *
deliver us and forgive us our sins, for your Name's sake.

10 Why should the heathen say, "Where is their God?" *
Let it be known among the heathen and in our sight
that you avenge the shedding of your servants' blood.

11 Let the sorrowful sighing of the prisoners come before you, *
and by your great might spare those who are condemned to die.

12 May the revilings with which they reviled you, O Lord, *
return seven-fold into their bosoms.

13 For we are your people and the sheep of your pasture; *
we will give you thanks for ever
and show forth your praise from age to age.

Tuesday, March 10

78

Part II *Quoties exacerbaverunt*

40 How often the people disobeyed him in the wilderness *
and offended him in the desert!

41 Again and again they tempted God *
and provoked the Holy One of Israel.

42 They did not remember his power *
in the day when he ransomed them from the enemy;

43 How he wrought his signs in Egypt *
and his omens in the field of Zoan.

44 He turned their rivers into blood, *
so that they could not drink of their streams.

45 He sent swarms of flies among them, which ate them up, *
and frogs, which destroyed them.

46 He gave their crops to the caterpillar, *
the fruit of their toil to the locust.

47 He killed their vines with hail *
and their sycamores with frost.

48 He delivered their cattle to hailstones *
and their livestock to hot thunderbolts.

49 He poured out upon them his blazing anger: *
fury, indignation, and distress,
a troop of destroying angels.

50 He gave full rein to his anger;
he did not spare their souls from death; *
but delivered their lives to the plague.

51 He struck down all the firstborn of Egypt, *
the flower of manhood in the dwellings of Ham.

52 He led out his people like sheep *
and guided them in the wilderness like a flock.

53 He led them to safety, and they were not afraid; *
but the sea overwhelmed their enemies.

54 He brought them to his holy land, *
the mountain his right hand had won.

55 He drove out the Canaanites before them
and apportioned an inheritance to them by lot; *
he made the tribes of Israel to dwell in their tents.

56 But they tested the Most High God, and defied him, *
and did not keep his commandments.

57 They turned away and were disloyal like their fathers; *
they were undependable like a warped bow.

58 They grieved him with their hill-altars *
and provoked his displeasure with their idols.

59 When God heard this, he was angry *
and utterly rejected Israel.

60 He forsook the shrine at Shiloh, *
the tabernacle where he had lived among his people.

61 He delivered the ark into captivity, *
his glory into the adversary's hand.

62 He gave his people to the sword *
and was angered against his inheritance.

63 The fire consumed their young men; *
there were no wedding songs for their maidens.

64 Their priests fell by the sword, *
and their widows made no lamentation.

65 Then the Lord woke as though from sleep, *
like a warrior refreshed with wine.

66 He struck his enemies on the backside *
and put them to perpetual shame.

67 He rejected the tent of Joseph *
and did not choose the tribe of Ephraim;

68 He chose instead the tribe of Judah *
and Mount Zion, which he loved.

69 He built his sanctuary like the heights of heaven, *
like the earth which he founded for ever.

70 He chose David his servant, *
and took him away from the sheepfolds.

71 He brought him from following the ewes, *
to be a shepherd over Jacob his people
and over Israel his inheritance.

72 So he shepherded them with a faithful and true heart *
and guided them with the skillfulness of his hands.

Wednesday, March 11

81 *Exultate Deo*

1 Sing with joy to God our strength *
and raise a loud shout to the God of Jacob.

2 Raise a song and sound the timbrel, *
the merry harp, and the lyre.

3 Blow the ram's-horn at the new moon, *
and at the full moon, the day of our feast.

4 For this is a statute for Israel, *
a law of the God of Jacob.

5 He laid it as a solemn charge upon Joseph, *
when he came out of the land of Egypt.

6 I heard an unfamiliar voice saying, *
"I eased his shoulder from the burden;
his hands were set free from bearing the load."

7 You called on me in trouble, and I saved you; *
I answered you from the secret place of thunder
and tested you at the waters of Meribah.

8 Hear, O my people, and I will admonish you: *
O Israel, if you would but listen to me!

9 There shall be no strange god among you; *
you shall not worship a foreign god.

10 I am the Lord your God,
who brought you out of the land of Egypt and said, *
"Open your mouth wide, and I will fill it."

11 And yet my people did not hear my voice, *
and Israel would not obey me.

12 So I gave them over to the stubbornness of their hearts, *
to follow their own devices.

13 Oh, that my people would listen to me! *
that Israel would walk in my ways!

14 I should soon subdue their enemies *
and turn my hand against their foes.

15 Those who hate the Lord would cringe before him, *
and their punishment would last for ever.

16 But Israel would I feed with the finest wheat *
and satisfy him with honey from the rock.

82 *Deus stetit*

1 God takes his stand in the council of heaven; *
he gives judgment in the midst of the gods:

2 "How long will you judge unjustly, *
and show favor to the wicked?

3 Save the weak and the orphan; *
defend the humble and needy;

4 Rescue the weak and the poor; *
deliver them from the power of the wicked.

5 They do not know, neither do they understand;
they go about in darkness; *
all the foundations of the earth are shaken.

6 Now I say to you, 'You are gods, *
and all of you children of the Most High;

7 Nevertheless, you shall die like mortals, *
and fall like any prince.'"

8 Arise, O God, and rule the earth, *
for you shall take all nations for your own.

Thursday, March 12

85 *Benedixisti, Domine*

1 You have been gracious to your land, O Lord, *
you have restored the good fortune of Jacob.

2 You have forgiven the iniquity of your people *
and blotted out all their sins.

3 You have withdrawn all your fury *
and turned yourself from your wrathful indignation.

4 Restore us then, O God our Savior; *
let your anger depart from us.

5 Will you be displeased with us for ever? *
will you prolong your anger from age to age?

6 Will you not give us life again, *
that your people may rejoice in you?

7 Show us your mercy, O Lord, *
and grant us your salvation.

8 I will listen to what the Lord God is saying, *
for he is speaking peace to his faithful people
and to those who turn their hearts to him.

9 Truly, his salvation is very near to those who fear him, *
that his glory may dwell in our land.

10 Mercy and truth have met together; *
righteousness and peace have kissed each other.

11 Truth shall spring up from the earth, *
and righteousness shall look down from heaven.

12 The Lord will indeed grant prosperity, *
and our land will yield its increase.

13 Righteousness shall go before him, *
and peace shall be a pathway for his feet.

86 *Inclina, Domine*

1 Bow down your ear, O Lord, and answer me, *
for I am poor and in misery.

2 Keep watch over my life, for I am faithful; *
save your servant who puts his trust in you.

3 Be merciful to me, O Lord, for you are my God; *
I call upon you all the day long.

4 Gladden the soul of your servant, *
for to you, O Lord, I lift up my soul.

5 For you, O Lord, are good and forgiving, *
and great is your love toward all who call upon you.

6 Give ear, O Lord, to my prayer, *
and attend to the voice of my supplications.

7 In the time of my trouble I will call upon you, *
for you will answer me.

8 Among the gods there is none like you, O Lord, *
nor anything like your works.

9 All nations you have made will come and worship you, O Lord, *
and glorify your Name.

10 For you are great;
you do wondrous things; *
and you alone are God.

11 Teach me your way, O Lord,
and I will walk in your truth; *
knit my heart to you that I may fear your Name.

12 I will thank you, O Lord my God, with all my heart, *
and glorify your Name for evermore.

13 For great is your love toward me; *
you have delivered me from the nethermost Pit.

14 The arrogant rise up against me, O God,
and a band of violent men seeks my life; *
they have not set you before their eyes.

15 But you, O Lord, are gracious and full of compassion, *
slow to anger, and full of kindness and truth.

16 Turn to me and have mercy upon me; *
give your strength to your servant;
and save the child of your handmaid.

17 Show me a sign of your favor,
so that those who hate me may see it and be ashamed; *
because you, O Lord, have helped me and comforted me.

Friday, March 13

91 *Qui habitat*

1 He who dwells in the shelter of the Most High, *
abides under the shadow of the Almighty.

2 He shall say to the Lord,
"You are my refuge and my stronghold, *
my God in whom I put my trust."

3 He shall deliver you from the snare of the hunter *
and from the deadly pestilence.

4 He shall cover you with his pinions,
and you shall find refuge under his wings; *
his faithfulness shall be a shield and buckler.

5 You shall not be afraid of any terror by night, *
nor of the arrow that flies by day;

6 Of the plague that stalks in the darkness, *
nor of the sickness that lays waste at mid-day.

7 A thousand shall fall at your side
and ten thousand at your right hand, *
but it shall not come near you.

8 Your eyes have only to behold *
to see the reward of the wicked.

9 Because you have made the Lord your refuge, *
and the Most High your habitation,

10 There shall no evil happen to you, *
neither shall any plague come near your dwelling.

11 For he shall give his angels charge over you, *
to keep you in all your ways.

12 They shall bear you in their hands, *
lest you dash your foot against a stone.

13 You shall tread upon the lion and adder; *
you shall trample the young lion and the serpent under your feet.

14 Because he is bound to me in love,
therefore will I deliver him; *
I will protect him, because he knows my Name.

15 He shall call upon me, and I will answer him; *
I am with him in trouble;
I will rescue him and bring him to honor.

16 With long life will I satisfy him, *
and show him my salvation.

92 *Bonum est confiteri*

1 It is a good thing to give thanks to the Lord, *
and to sing praises to your Name, O Most High;

2 To tell of your loving-kindness early in the morning *
and of your faithfulness in the night season;

3 On the psaltery, and on the lyre, *
and to the melody of the harp.

4 For you have made me glad by your acts, O Lord; *
and I shout for joy because of the works of your hands.

5 Lord, how great are your works! *
your thoughts are very deep.

6 The dullard does not know,
nor does the fool understand, *
that though the wicked grow like weeds,
and all the workers of iniquity flourish,

7 They flourish only to be destroyed for ever; *
but you, O Lord, are exalted for evermore.

8 For lo, your enemies, O Lord,
lo, your enemies shall perish, *
and all the workers of iniquity shall be scattered.

9 But my horn you have exalted like the horns of wild bulls; *
I am anointed with fresh oil.

10 My eyes also gloat over my enemies, *
and my ears rejoice to hear the doom of the wicked who rise up against me.

11 The righteous shall flourish like a palm tree, *
and shall spread abroad like a cedar of Lebanon.

12 Those who are planted in the house of the Lord *
shall flourish in the courts of our God;

13 They shall still bear fruit in old age; *
they shall be green and succulent;

14 That they may show how upright the Lord is, *
my Rock, in whom there is no fault.