



# ***Fourth Sunday after the Epiphany***

***Sunday, February 1, 2026***

9:00 AM (with music)

***Also Live Streaming at***

***<https://www.facebook.com/stgregoryslongbeach/>***

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## **VOLUNTARY**

Adagio and Allegro from Sonata in F Major

G.F. Handel

Julie Metz, violin

*(Please stand)*

## **PROCESSIONAL HYMN**

I Sing the Almighty Power of God

Bulletin Page 16

## **OPENING ACCLAMATION**

*Presider* Blessed be God: ✠ Father, Son, and Holy Spirit.

*People* **And blessed be his kingdom, now and forever. Amen.**

## **COLLECT FOR PURITY**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:  
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly  
love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

## GLORIA

*Mass for Grace, Carl Haywood*



*All: Refrain*

Choir: Glory to God in the highest and peace to His people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only son of the Father, Lord God, Lamb of God.

*All: Refrain*

Choir: You take away the sin of the world: have mercy on us. You are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, You alone are the Lord. You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of the Father.

*All: Refrain*

## COLLECT OF THE DAY

*Presider* The Lord be with you.

*People* **And also with you.**

*Presider* Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*(Please be seated)*

## FIRST READING

Michah 6.1-8

*Lector*            A Reading from Michah

Hear what the Lord says:

Rise, plead your case before the mountains,  
and let the hills hear your voice.

Hear, you mountains, the controversy of the Lord,  
and you enduring foundations of the earth;  
for the Lord has a controversy with his people,  
and he will contend with Israel.

“O my people, what have I done to you?

In what have I wearied you? Answer me!

For I brought you up from the land of Egypt,  
and redeemed you from the house of slavery;  
and I sent before you Moses,  
Aaron, and Miriam.

O my people, remember now what King Balak of Moab devised,  
what Balaam son of Beor answered him,  
and what happened from Shittim to Gilgal,  
that you may know the saving acts of the Lord.”

“With what shall I come before the Lord,  
and bow myself before God on high?

Shall I come before him with burnt-offerings,  
with calves a year old?

Will the Lord be pleased with thousands of rams,  
with tens of thousands of rivers of oil?

Shall I give my firstborn for my transgression,  
the fruit of my body for the sin of my soul?”

He has told you, O mortal, what is good;  
and what does the Lord require of you  
but to do justice, and to love kindness,  
and to walk humbly with your God?

*Lector*            The Word of the Lord.

*People*            **Thanks be to God.**

## PSALM 15

Setting: David York

*The choir sings the antiphon once and the congregation repeats. The choir sings the Psalm verses. The choir and congregation then sing the antiphon following each section of verses.*



Lord, who may dwell in your tabernacle?  
Who may abide upon your holy hill?  
Those who lead a blameless life and do what is right,  
who speak the truth from their heart;  
they do not slander with the tongue,  
they do no evil to their friends;  
they do not cast discredit upon a neighbor. **Antiphon**

In their sight the wicked are rejected,  
but they honor those who fear the Lord.  
They have sworn upon their health  
and do not take back their word.  
They do not give their money in hope of gain,  
nor does he take bribes against the innocent.  
Those who do these things  
shall never be overthrown. **Antiphon**

## SECOND READING

1 Corinthians 1.18-31

*Lector* A Reading from the First Letter to the Corinthians

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,  
and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are,

so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

*Lector*            The Word of the Lord.

*People*            **Thanks be to God.**

*(Please stand)*

## SEQUENCE HYMN

What Does the Lord Require

Bulletin Page 17

*(Congregation sings vv. 1 & 2, the Gospel is read, then vv. 3 & 4 are sung)*

## HOLY GOSPEL

Matthew 5.1-12

*Presider*            The Holy Gospel of our Lord Jesus Christ According to Matthew.

*People*            **Glory to you, Lord Christ.**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

"Blessed are the poor in spirit, for theirs is the kingdom of heaven.

"Blessed are those who mourn, for they will be comforted.

"Blessed are the meek, for they will inherit the earth.

"Blessed are those who hunger and thirst for righteousness, for they will be filled.

"Blessed are the merciful, for they will receive mercy.

"Blessed are the pure in heart, for they will see God.

"Blessed are the peacemakers, for they will be called children of God.

"Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

"Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

*Presider*            The Gospel of the Lord.

*People*            **Praise to you, Lord Christ.**

*(Please be seated)*

## SERMON

The Rev. Michael K. Fincher

*(Silent reflection)*

**NICENE CREED** *(All standing)*

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.

Through him all things were made.

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, ☩

and the life of the world to come. Amen.

**PRAYERS OF THE PEOPLE** *(Please remain standing or kneel)*

We pray for the church and for the world, saying “Source of love, hear our prayer.”

Gracious God, who calls us to do justice, love kindness, and walk humbly with you, guide us this week to be living models of your love. Help us to share this journey with all whom we meet along our path.

**Source of love, hear our prayer.**

God who listens and hears, we pray for Sean our Presiding Bishop, John our Bishop, Antonio our Bishop-elect, Michael our Rector, for our parish lay leaders, and for the whole people of God.

**Source of love, hear our prayer.**

God of justice, we pray for all who seek work and for those gainfully employed, that all may have sufficient resources for themselves and those who depend on them.

**Source of love, hear our prayer.**

God of peace, heal this divided nation, that we may pray and work for those values which have sustained us and strive to undo the wrongs suffered from racism and other sins that allow us to view others as less than ourselves. Let us hunger and thirst for righteousness.

**Source of love, hear our prayer.**

God of wholeness, may we hold up in prayer those who offer themselves as healers. Bless those who suffer in body, mind, or spirit, bring them relief from their distress; comfort and strengthen caregivers in their loving duties.

**Source of love, hear our prayer.**

God of tenderness, let us comfort those who mourn and be grateful for the lives of those we love but see no longer.

**Source of love, hear our prayer.**

God of mercy, we pray for Rex our Mayor, Gavin our Governor, Donald our President, and for all those who influence authority; let us be your channels of grace to our city, our nation, and the world.

**Source of love, hear our prayer.**

God of all praise, we offer gratitude for all the blessings of this life. Let us offer our own prayers of thanksgiving, silently, aloud, or in the comment section.

*Silence*

We thank you, O God.

**Source of love, hear our prayer.**

We pray for all prisoners, for all those who are ill, for those in any kind of trouble. Let us pray also for our own needs and those of others, silently, aloud, or in the comment section.

*Silence*

We offer these to you, O God.

**Source of love, hear our prayer.**

*The Presider says the concluding collect:*

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers, which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

## **CONFESSION OF SIN**

*Presider* Let us confess our sins against God and our neighbor.

*Silence may be kept.*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed, by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will, and walk in your ways,  
to the glory of your Name. Amen.**

*Presider* Almighty God have mercy on you, ✠ forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## **THE PEACE**

*Presider* The peace of the Lord be always with you.

*People* **And also with you.**

*(Then the Ministers and People may greet one another in the name of the Risen Lord.)*



## ANNOUNCEMENTS AND SPECIAL BLESSINGS

***Birthday and Anniversary Prayer:*** Watch over your *children*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when *they* stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may your peace which passes understanding abide all the days of *their* lives; through Jesus Christ our Lord. Amen.

## HOLY COMMUNION

### OFFERTORY ANTHEM

Brightest and Best

Shawn Kirchner

Julie Metz, violin

Hail the blessed morn, see the great Mediator  
down from the regions of glory descend!  
Shepherds go worship the babe in the manger,  
lo, for his guard the bright angels attend.

*Brightest and best of the stars of the morning,  
dawn on our darkness, and lend us thine aid;  
star of the east, the horizon adorning,  
guide where our infant Redeemer is laid.*

Cold on his cradle the dew-drops are shining,  
low lies his head with the beasts of the stall;  
angels adore him in slumber reclining,  
Maker and Monarch and Savior of all.

Shall we then yield him, in costly devotion,  
odors of Edom, and offerings divine,  
gems of the mountain, and pearls of the ocean,  
myrrh from the forest, and gold from the mine?

(Reginald Heber, 1811)

### PRESENTATION HYMN

This Little Light of Mine

Bulletin Page 18

(Verses 1 & 2)

## THE GREAT THANKSGIVING

*Celebrant*      *People*  
The Lord be with you. And al - so with you.

*Celebrant*      *People*  
Lift up your hearts. We lift them to the Lord.

*Celebrant*  
Let us give thanks to the Lord our God.

*People*  
It is right to give him thanks and praise.

All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind.

Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:

*Missa Simplex, Peter Hallock*

*Organ:*      *Everyone:*  
Ho - ly, ho - ly, ho - ly Lord God of hosts.

Hea - ven and earth are full of your glo - ry. Ho - san - na in the high - est.

Blest is the one who comes in the name of our God. Ho - san - na in the high - est.

Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise.

Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering. Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said: "Take, eat, this is my Body, broken for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said: "Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me."

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

**Dying, you destroyed our death.**

**Rising, you restored our life.**

**Christ Jesus, come in glory!**

Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of hope, justice and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with [blessed \_\_\_\_\_, and] all your people into the joy of our true eternal home.

Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.

**Blessed are you now and for ever. AMEN.**

And now as our Savior Christ has taught us, we are bold to pray:

Our Fa - ther, who art in hea - ven, hal - low - ed  
 be thy Name, thy king - dom come, thy will be done,  
 on earth as it is in hea - ven. Give us this day our  
 dai - ly bread. And for - give us our tres - pas - ses,  
 as we for - give those who tres - pass a - gainst us. And lead  
 us not in - to temp - ta - tion, but de - liv - er us  
 from e - vil. For thine is the king - dom, and the power,  
 and the glo - ry, for ev - er and ev - er. A - men.

## THE BREAKING OF THE BREAD

*(A period of silence is kept after the Celebrant breaks the host)*

Alleluia! Christ our Passover is sacrificed for us.

**Therefore let us keep the feast.**

## FRACTION ANTHEM – S169

The musical score is written on four staves. The first staff begins with a treble clef, a key signature of one flat (B-flat), and a common time signature. It starts with a whole rest, followed by a repeat sign. The lyrics "My flesh is food in - deed, and my blood is drink in -" are written below the staff. The second staff continues the melody with the lyrics "deed, says the Lord. My Lord. Those who eat my". Above the staff, there are two first endings marked "1" and "2". The first ending is labeled "All" and the second ending is labeled "Cantor or Choir". The third staff continues the melody with the lyrics "flesh and drink my blood dwell in me and I in them. My". Above the staff, the word "All" is written. The fourth staff concludes the piece with the lyrics "flesh is food in - deed, and my blood is drink in - deed, says the Lord." and ends with a double bar line.

*The Presider says the following or a similar invitation*

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## COMMUNION OF THE PEOPLE

*All are welcome to receive Holy Communion at this Altar. Holy Communion will be distributed from a single Communion Station at the foot of the chancel steps. The Ushers will release people by row to receive Communion. **Gluten free wafers are available upon request.***

### PRAYER FOR SPIRITUAL COMMUNION

*Those participating in the live streamed service and therefore not able to receive communion may wish to say the following prayer in recognition that the desire to receive communion carries the same spiritual benefits as actually consuming the consecrated elements.*

Lord Jesus Christ, you have instituted for us a great sacrament in your promise of life and love, which we remember now as we hear your words again: "This is my body; this is my blood — given for you." Feed us in our hearts with faith and trust, draw us closer to you and to each other, and strengthen us for service to our neighbor. We come before you now, with hearts you have fed all our lives with the promise that you have given yourself for us. Keep us strong in that faith until we can meet at your table again. Amen.

## COMMUNION MUSIC

Peace

Sigurd M. Øgaard

Julie Metz, violin

## COMMUNION HYMN

Lord, Make Us Servants of Your Peace

Bulletin Page 19

## POST COMMUNION PRAYER

*Presider* Let us pray.

**God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.**

## BLESSING

The God of glory dwell in you richly, name you beloved, and shine brightly on your path; and the blessing of almighty God, ✠ the Father, the Son, and the Holy Spirit, be upon you and remain with you always. **Amen.**

## RECESSIONAL HYMN

Rejoice, Ye Pure in Heart!

Bulletin Page 20

## DISMISSAL

*Presider* Let us go forth in the name of Christ.

*People* **Thanks be to God.**

## VOLUNTARY

Toccata in E Minor

Johann Pachelbel

*If you choose to leave during the Voluntary, please do so quietly,  
out of courtesy for those staying to listen.*

**FLOWERS TODAY ARE GIVEN TO THE GLORY OF GOD**

**The Parish Annual Meeting will be held after a brief break.  
Feel free to go to Francis Hall and get a bit of refreshment and then  
return to the Church for the meeting.**

(Francis Hall is out the main church doors and to the left)

**TODAY'S WORSHIP PARTICIPANTS**

Presider & Preacher	Fr. Michael Fincher
Music Director	David York
Crucifer	David Luebben-Morrill
Lector	Alice O'Keefe
Lay Eucharistic Ministers	Holly Graham
	Dorothy Edwards

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Texts of Sunday sermons are available on our parish website, at  
<http://stgregoryschurch.com/sermons-archive/>

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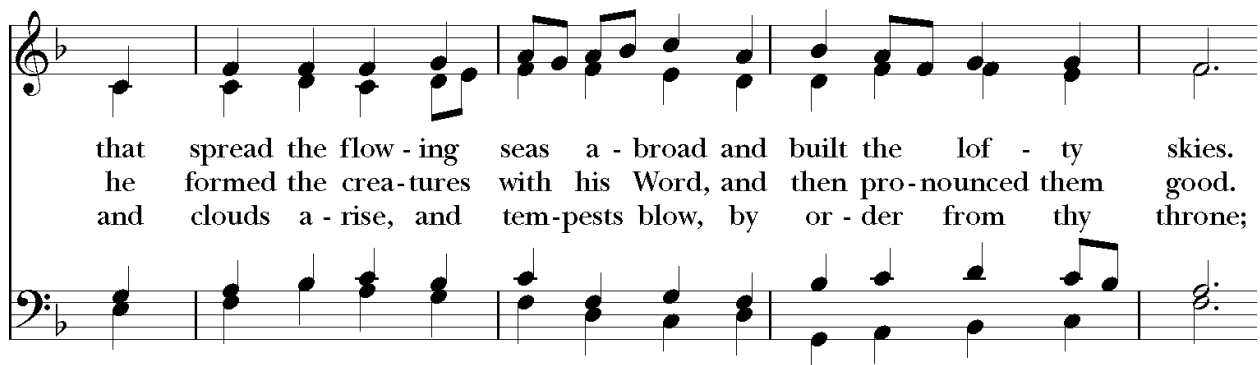
PROCESSIONAL HYMN  
Hymnal 1982, Hymn 398

I Sing the Almighty Power of God

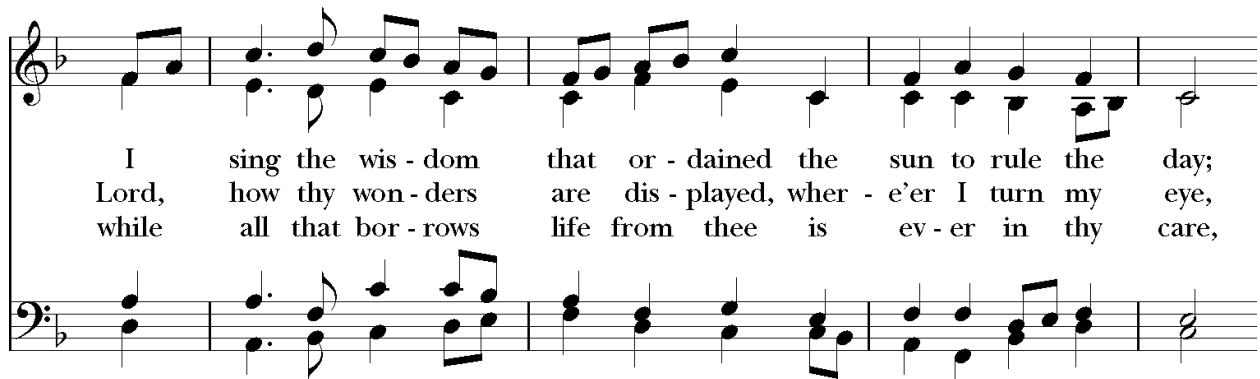
Forest Green



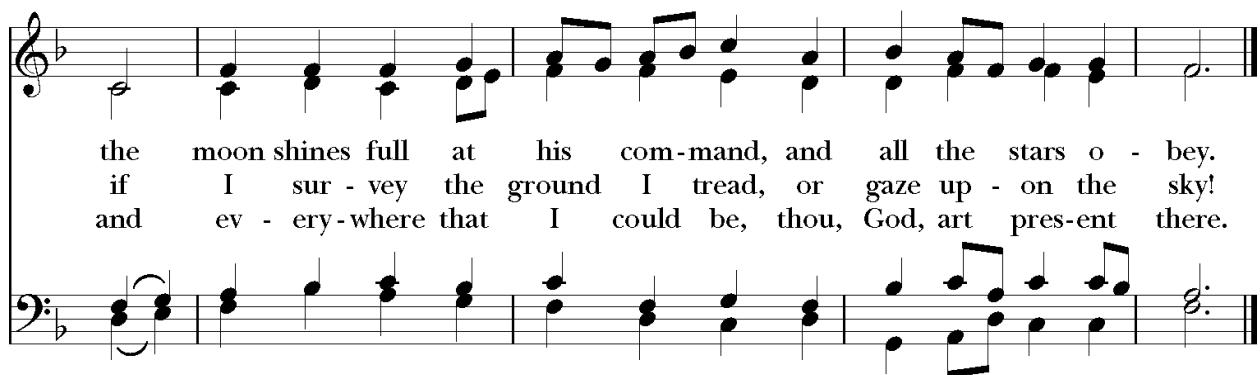
1 I sing the al-might - y power of God, that made the moun-tains rise,  
2 I sing the good-ness of the Lord, that filled the earth with food;  
3 There's not a plant or flower be - low, but makes thy glo - ries known;



that spread the flow - ing seas a - broad and built the lof - ty skies.  
he formed the crea-tures with his Word, and then pro-nounced them good.  
and clouds a - rise, and tem-pests blow, by or - der from thy throne;



I sing the wis - dom that or - dained the sun to rule the day;  
Lord, how thy won - ders are dis - played, wher - e'er I turn my eye,  
while all that bor - rows life from thee is ev - er in thy care,



the moon shines full at his com-mand, and all the stars o - bey.  
if I sur - vey the ground I tread, or gaze up - on the sky!  
and ev - ery-where that I could be, thou, God, art pres-ent there.



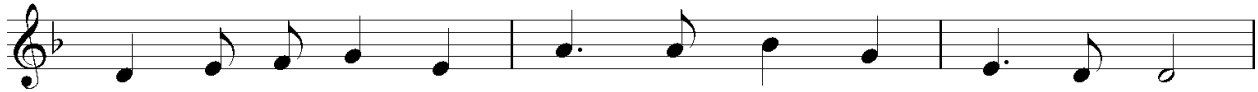
## SEQUENCE HYMN

*Hymnal 1982, Hymn 605*

What Does the Lord Require

*Sharpthorne*

*(Congregation sings vv. 1 & 2, the Gospel is read, then vv. 3 & 4 are sung)*



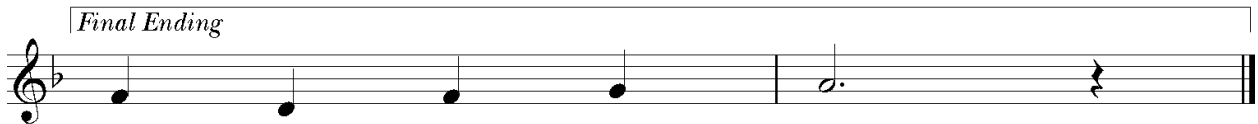
- 1 What does the Lord re - quire for praise and of - fer - ing?
- 2 Ru - lers of earth, give ear! Should you not jus - tice show?
- 3 Still down the a - ges ring the pro - phet's stern com-mands.
- 4 How shall my soul ful - fill God's law so hard and high?



What sac - ri - fice de - sire, or trib - ute bid you bring?  
Will God your plead - ing hear, while crime and cruel - ty grow?  
To mer - chant, work - er, king he brings God's high de - mands.  
Let Christ en - due our will with grace to for - ti - fy.



Do just - ly; love mer - cy; walk hum - bly with your God.  
Do just - ly; love mer - cy; walk hum - bly with your God.  
Do just - ly; love mer - cy; walk hum - bly with your God.  
Then just - ly; in mer - cy we'll (hum-bly walk with God.)



hum - bly walk with God.

# PRESENTATION HYMN

This Little Light of Mine

*This Joy*

(Verses 1 & 2)



1 This lit - tle light of mine, I'm goin' - a let it shine;  
 2 Ev - 'ry - where I go, I'm goin' - a let it shine;  
 3 Je - sus gave it to me, I'm goin' - a let it shine;

oh, oh,



this lit - tle light of mine, I'm goin' - a let it shine;  
 ev - 'ry - where I go, I'm goin' - a let it shine;  
 Je - sus gave it to me, I'm goin' - a let it shine;

oh,



this lit - tle light of mine, I'm goin' - a let it shine,  
 ev - 'ry - where I go, I'm goin' - a let it shine,  
 Je - sus gave it to me, I'm goin' - a let it shine,

oh,



let it shine, let it shine, let it shine.  
 let it shine, let it shine, let it shine.  
 let it shine, let it shine, let it shine.

Text: African American spiritual  
 Music: THIS JOY, African American spiritual; arr. Horace Clarence Boyer, b. 1935  
 Arr. © Horace Clarence Boyer, admin. Augsburg Fortress.

## COMMUNION HYMN

*Hymnal 1982, Hymn 593*

Lord, Make Us Servants of Your Peace

*Dickinson College*

The musical score is written for a four-part choir (Soprano, Alto, Tenor, Bass) in G major (one sharp) and 4/4 time. It consists of three systems of music. Each system has a vocal line and a piano accompaniment line. The lyrics are arranged in five numbered stanzas, with each line of the stanza corresponding to a voice part. The first system covers the first two stanzas, the second system covers the third and fourth stanzas, and the third system covers the fifth stanza. The piano accompaniment provides harmonic support with chords and moving lines.

1 Lord, make us ser - vants of your peace: where there is  
2 Where all is doubt, may we sow faith; where all is  
3 Je - sus, our Lord, may we not seek to be con -  
4 May we not look for love's re - turn, but seek to  
5 Dy - ing, we live, and are re - born through death's dark

1 hate, may we sow love; where there is hurt, may we for -  
2 gloom, may we sow hope; where all is night, may we sow  
3 soled, but to con - sole, nor look to un - der - stand - ing  
4 love un - self - ish - ly, for in our giv - ing we re -  
5 night to end - less day: Lord, make us ser - vants of your

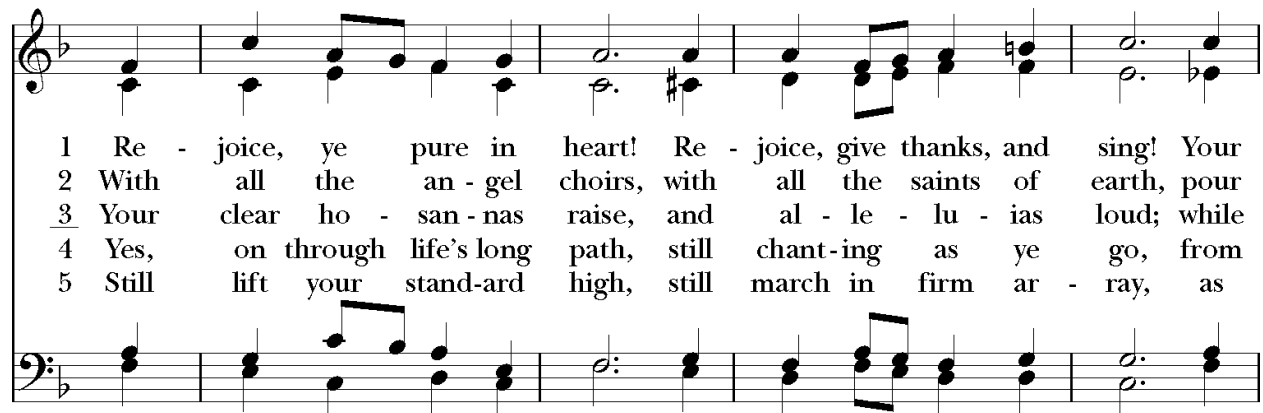
1 give; where there is strife, may we make one.  
2 light; where all is tears, may we sow joy.  
3 hearts, but look for hearts to un - der - stand.  
4 ceive, and in for - giv - ing are for - given.  
5 peace, to wake at last in hea - ven's light.

**RECESSIONAL HYMN**  
*Hymnal 1982, Hymn 556*

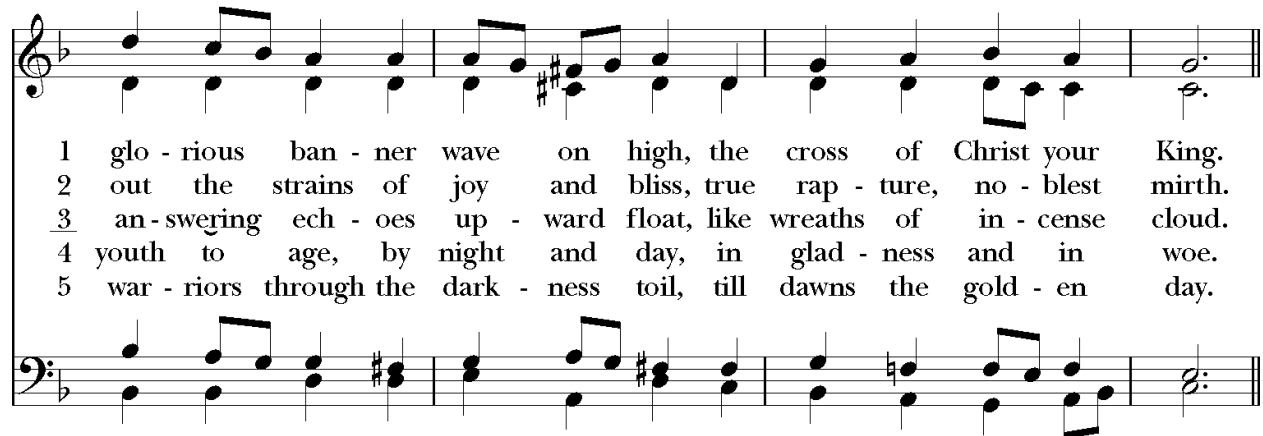
Rejoice, Ye Pure in Heart!

*Marion*

(Verses 1—5)

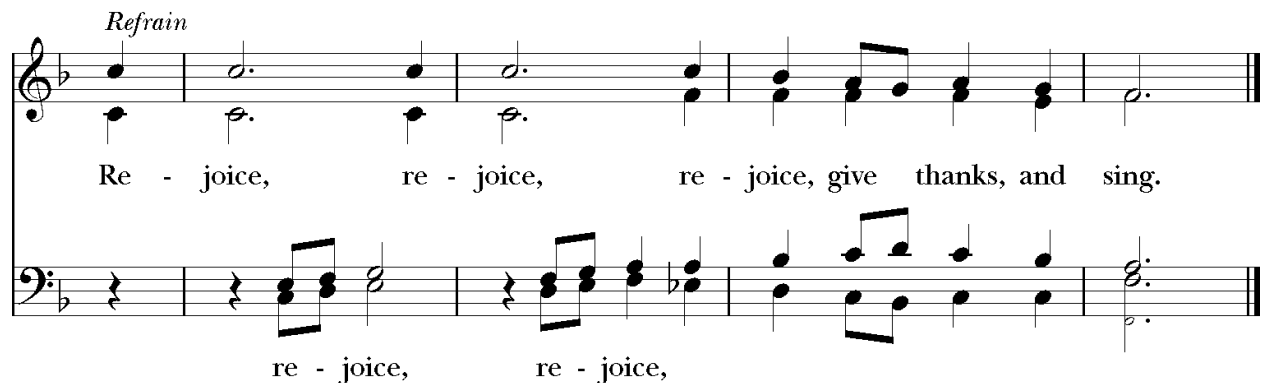


1 Re - joice, ye pure in heart! Re - joice, give thanks, and sing! Your  
 2 With all the an - gel choirs, with all the saints of earth, pour  
 3 Your clear ho - san - nas raise, and al - le - lu - ias loud; while  
 4 Yes, on through life's long path, still chant - ing as ye go, from  
 5 Still lift your stand - ard high, still march in firm ar - ray, as



1 glo - rious ban - ner wave on high, the cross of Christ your King.  
 2 out the strains of joy and bliss, true rap - ture, no - blest mirth.  
 3 an - swering ech - oes up - ward float, like wreaths of in - cense cloud.  
 4 youth to age, by night and day, in glad - ness and in woe.  
 5 war - riors through the dark - ness toil, till dawns the gold - en day.

*Refrain*



Re - joice, re - joice, re - joice, give thanks, and sing.

re - joice, re - joice,

\*6 At last the march shall end;  
 the wearied ones shall rest;  
 the pilgrims find their Father's house,  
 Jerusalem the blest.

*Refrain*

\*7 Then on, ye pure in heart!  
 Rejoice, give thanks, and sing!  
 Your glorious banner wave on high  
 the cross of Christ your King.

*Refrain*

## ***THIS WEEK AT ST. GREGORY'S***

### **Tuesday, February 3**

**Centering Prayer** at **6:30 PM** on Zoom. Contact Fr. Michael for access information.

### **Thursday, February 5**

**Holy Eucharist and Healing Service** at **10:00 AM** in the Chapel.

**Bible Study** at **11:00 AM** in the Fireside Room.

**Choir Rehearsal** at **7:30 PM** in the Choir Room. Contact David York for more information.

### **Sunday, February 8 – Fifth Sunday after the Epiphany**

**Holy Eucharist** (spoken) at **8:00 AM** in the Church.

#### **Sunday School**

**Seniors** (ages 11 to 18) at **9:30 AM** in the Youth Room.

**Juniors** (ages 8 to 10) at **10:15 AM** in the Youth Room.

**Beginners** (ages 5 to 7) at **10:15 AM** in the Youth Room.

**Holy Eucharist** (with music) at **10:15 AM** in the Church and live streamed on the St. Gregory's Facebook page (<https://facebook.com/stgregoryslongbeach/>).

***Nursery Care is available on Sundays, starting at 7:45 AM, in the Nursery (Room 3)***

### **Evening Prayer (Tuesday through Thursday)**

**Evening Prayer:** Tuesday through Thursday at **5:00 PM** on the St. Gregory's Facebook page (<https://facebook.com/stgregoryslongbeach/>).

*For Evening Prayer, you will need either a Book of Common Prayer or you can download the Evening Prayer liturgy and the Psalms for the week from the St. Gregory's website ([www.stgregoryschurch.com](http://www.stgregoryschurch.com)).*

## ***UPCOMING EVENTS***

### **Tuesday, February 17 – Shrove Tuesday**

**Pancake Supper** from 5:00 to 8:00 PM in the Parish Hall.

### **Wednesday, February 18 – Ash Wednesday**

**Services of Holy Eucharist with imposition of ashes** will be held at 8:00 AM (spoken service) and 7:00 PM (choral service).

### **Sunday, February 22 – Music at Four**

**Lenten Evensong** at 4:00 PM in the Church. Start your Lenten journey with this service of choral music presented by St. Gregory's Choir and oboist Dave Champagne. Through readings, prayers and music we explore the themes of Lent. Music by Adrian Batten, Maurice Greene and Robert Hobby.

## ***ANNOUNCEMENTS***

**Soles 4 Souls Returns to St. Gregory's:** We are again offering an outreach option for a Soles 4 Souls Shoe Drive during the month of February. You may bring gently used or new shoes to church any Sunday, February 1<sup>st</sup> through March 1<sup>st</sup>, and leave them in the boxes labeled Soles 4 Souls. If they have laces, please tie them together. Your old shoes provide new opportunities in our area, as well as in poverty-stricken areas of the United States, Africa, Haiti and other nations. Your gently used or new shoes will help those in need walk towards a brighter future. Give Hope.

**Shrove Tuesday Pancake Supper:** Join us in the Parish Hall on February 17 from 5:00 PM to 8:00 PM as we prepare for the Lenten season. There will be pancakes with all the trimmings and sausages, all cooked by the Men's Fellowship Ministry. There is a sign-up sheet in the Narthex. If you have any questions, please see Diane Kela or Lizz Spencer. We look forward to seeing you there.

**Lenten Soup Suppers:** We will begin our annual Lenten soup and salad suppers on February 26 at 6:00 PM in the Parish Hall. We will have suppers on the following Thursdays: February 26, March 5, March 12, March 19, and March 26. This year we are asking for members of the parish to sign up and bring their favorite soups, enough to feed 20 people. There is a sign-up sheet in the Narthex. If you have any questions, please see Diane Kela or Lizz Spencer.

**Lenten Program: Rule of Life:** Following on our study of the Rule of Benedict last summer, our Lenten program this year will be on the development of a personal Rule of Life. Since the early Church, we have lived by a Rule of Life. God lovingly invites us to pursue our shared calling as a Christian community and our unique vocation as individual disciples. In living a Rule, we are being intentional about the personal rhythms that shape our days. It is our way of partnering with God for the transformation only God can bring about. The Rule is a guide that supports our

heart's desire to grow in loving God and others. Before creating a rule, we spend serious time reflecting on the whole of our lives, listening to God with attentive, responsive, discerning hearts. Join us as we learn, reflect, discern, and create our individual rules. Bring a journal or notebook. Sessions will be held on the following Thursday evenings: February 26, March 5, March 12, March 19, and March 26, starting about 6:45 PM.

**Pledge Numbers and Envelopes:** Please be advised that the Envelope Number and Pledge Number that you currently have will remain the same for 2026 (unless you are a new pledge). A list is provided in the Narthex with your pledge number. Envelopes are also available for those who requested them. We ask that when you find your assigned envelopes, please initial on the Envelope Number summary so we know that they went to the right home. If you have any questions, please feel free to call the office or email [info@stgregoryschurch.com](mailto:info@stgregoryschurch.com).

**American Sewing Guild:** Starting on Sunday, January 11, the American Sewing Guild (ASG) Long Beach neighborhood group will be meeting monthly at St. Gregory's in the Parish Hall Conference Room at the same time (1:00 - 3:30) as the Stitches of Faith group. The ASG is a national non-profit organization dedicated to promoting the sewing arts through education and community engagement. ASG aims to preserve and advance sewing as an art and life skill. Members of St. Gregory's, as well as interested people from the community, are welcomed to join us at a meeting. The group is very excited to have a regular meeting home at St. Gregory's and cannot wait to demonstrate their ability to help and promote sewing skills to all levels of sewists who attend. For questions or more information, contact Susan Mora.

**Stitches of Faith:** Are you looking for a space to share your creativity, enjoy fellowship, and be inspired? Stitches of Faith is a gathering for anyone who loves to craft—or wants to learn! Whether you knit, crochet, quilt, paint, or want to try your hand at another craft, this group is open to all skill levels, including beginners eager to discover something new. We meet on Sundays from 1:00–3:30 PM in the Conference Room. Each week, we will enjoy time for projects, encouragement, and conversation in a relaxed, faith-filled environment. Light refreshments will be provided. Bring your supplies, your curiosity, and your kind spirit. Come create, connect, and grow in community with us!

**Lend a Hand:** Like any older building, St. Gregory's constantly needs maintenance and touching up. Fred Cornett has made up a list of things to do in the near future: Cleaning and arranging the janitor's closet and the storage areas, cleaning the trash cans, etc. Many hands make light work, and most of the jobs won't take much time if two or three people join in. There is a signup sheet in the narthex, and Fred is always available for consultation or questions: (562) 308-6955. Thanks, Fred, for getting the projects going!

**Altar Flower Donations:** Need a wonderful way to honor or remember a loved one or friend? Make a flower donation. There is a flower donation chart located on the Narthex wall that you can use to sign up for special dates to donate altar flowers. Simply fill out a donation form attached to the bottom of the chart and return the form to the Parish Office. Payment for flowers can be made by check or online at <https://stgregoryschurch.com/4721-2>. Make sure you specify your donation is for Altar Flowers. The Altar Guild thanks you.

**Episcopal News Updates:** The Diocese provides weekly email updates to help you keep informed about what's happening all over our six-county diocese. If you want to receive the Episcopal News, visit <https://diocesela.org/episcopal-news/contact/> and enter your email address in the box provided.

**Feed My Lambs and Food Bank:** THANK YOU for your generosity and your donations. In addition to your support, we are pleased to announce that St. Gregory's has been awarded \$1,000 from the Long Beach Food Access Fund in support of our feeding programs. We have also received 170 prepackaged boxes of nonperishable food from the Los Angeles Area Food Bank.

Here's the latest news on our parish feeding programs.

- **Feed My Lambs**
  - **Homemade cookies can be dropped off any time.** Please put your homemade cookies in Ziploc Bags and label them with the date and "FML" (this way we know they are for Feed My Lambs and not other purposes).
  - **Please do not bring hardboiled eggs.** Due to issues with eggs, we now have a dedicated team responsible for providing hardboiled egg.
  - **Volunteers** – If you are interested in helping out Feed My Lambs, contact Tamera Benedict at ([tlbenedict4@gmail.com](mailto:tlbenedict4@gmail.com), 562.301.6800).
- **Food Bank** The Food Bank relies on your financial support and appreciates all donations of funds or non-perishable food items. We also can use more volunteers at:
  - Bagging and distribution the THIRD WEDNESDAY of each month from 8:30 to 11:00 AM
  - Any other time you may have available and could assist with assembling our bags (e.g. on Sunday before or after service, or any time the office is open for access)Please contact the Parish Office ([info@stgregoryschurch.com](mailto:info@stgregoryschurch.com), 562.420.1311) or Bill Eldon ([billeldon@gmail.com](mailto:billeldon@gmail.com), 562.234.9920) for more information about the Food Bank.

Your continued support of our feeding ministries, through product and monetary contributions, is greatly appreciated!

**Gratitude for Your Support of the Parish:** We continue to be humbled and so incredibly grateful for your generosity in supporting our parish and its ministries! While you may not be able to drop your donation in a real offering plate, there are still ways you can make sure your donation gets to the parish:

- You can mail your check to the parish office.
- Make donations through our online payment account, accessible through the parish website at <http://stgregoryschurch.com/4721-2/>.
- Scan the QR code found in the Sunday bulletin.

And again, THANK YOU for your continued support!

**Parish Directory:** Our online parish directory is at <https://www.instantchurchdirectory.com/>. This is a secure site and can be accessed using the email address you had published in the parish directory. You can also download the "Instant Church Directory" on your smart phone. Versions are available for Android, iPhone, iPad, and Kindle.



**One Body & One Spirit Annual Appeal:** The Diocese has established an ongoing campaign focused on raising funds to assist congregations, schools, affiliated institutions, and their communities who are faced with unprecedented challenges. We are invited to prayerfully consider making a donation to help others in our Diocese who may have unmet needs. More information is available at <https://diocesela.org/annual-appeal/>.

**Forward Day By Day:** For those who use the Forward Day By Day booklet for personal devotions and need the newest edition mailed, please contact the Parish Office at 562-420-1311 or [info@stgregoryschurch.com](mailto:info@stgregoryschurch.com).

**In Case of Emergency . . . Notify Your Priest!** In the event of a hospital stay, illness, death in the family, or other pastoral emergency, please call Fr. Michael on his cell phone (909-373-6478). And PLEASE, no excuses about not wanting to bother me. That's why we are here – for YOU!

## ***PRAYER LIST***

Lydia Gibbs, Suzan Laverty, Martin Nemitz, Ferdinand Gonzalez, Patrick McDonough, Mike Laverty, Mother Beryl, Scott Morgan, Fran Luebben-Morgan, Harold Peacock, Rudy Revell, Jared Baker, Kimberly Bouzguenda, Shannon Romano, Ralph Tesla, Anne Cantrell, Matt Burger, Darlene Feit-Pretzer, Keeley Gilmore, Betty Peacock, Maria White, Laura Mae Harper, Elizabeth Laursen, Eric Kela, Dodie Martin, Savannah Jimenez, Martha Wong, Joanne Paine, Jonah Culbert, Carlos Cruz, Sean Wood, Marina Tesla, Nancy Luebben, Diane Duacsek, Michele Morrill, Kira Dirghalli, Edith Finney, Paige Hardin, Marty Wong, Miriam Edwards, Charles H. Parks, Perry Nelson, Nellie Bell, Ernie and Vickie Morrison, Alison and Mick, Phyllis Comiskey, Brett W., Adan Murillo, Val Kela, Michael Hipsman, Trisha Cookmeyer, Sally Blevins, Sue Davis, Jack Alt, Shizuka Yoda, Linda Elliott, Ron Dixon, Darryl Takaki, Paul Meyer, Juhani Palomaki, Lisa Christensen

*Note: Unless we are aware of on-going concerns, names only stay on the Parish Prayer List for a month. If names need to be re-added, please notify the Parish Office.*



# ST. GREGORY'S EPISCOPAL CHURCH

6201 E. WILLOW STREET, LONG BEACH, CALIFORNIA 90815  
562-420-1311 [WWW.STGREGORYSCHURCH.COM](http://WWW.STGREGORYSCHURCH.COM)

## **WELCOME TO ST. GREGORY'S EPISCOPAL CHURCH!**

St. Gregory's is a warm and caring community of families and singles, young and old, committed to sharing the good news that Jesus is the Lord of all life. We are an Episcopal Church, having members from all backgrounds and religious traditions. Many of us had no church involvement before coming here. We want to offer to you the same welcome and friendship that were extended to us when we came to St. Gregory's.

## **ST. GREGORY'S MISSION STATEMENT**

God has called us into Christian community and gifted us for ministry:

To worship and glorify God  
To transform faith into action  
To share the love of Jesus Christ

The Right Reverend John H. Taylor  
Bishop of the Episcopal Diocese of Los Angeles

The Reverend Michael K. Fincher, Rector  
[rector@stgregoryschurch.com](mailto:rector@stgregoryschurch.com)

David York, Music Director & Organist  
[york1635@aol.com](mailto:york1635@aol.com)

Parish Office Hours: 9:00am-12:00pm, Tuesday – Thursday