## Twenty-Second Sunday after Pentecost (Proper 27)

Sunday, November 9, 2025

8:00 AM (spoken) & 10:15 AM (with music)

Also Live Streaming at

https://www.facebook.com/stgregoryslongbeach/

#### **VOLUNTARY**

Prelude on "Pleading Savior"

Charles Callahan

Margaret Armstrong, piano

(The people stand)

#### **PROCESSIONAL HYMN**

Praise to the Living God!

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#### **OPENING ACCLAMATION**

Presider Blessed be God: 

Father, Son, and Holy Spirit.

People And blessed be his kingdom, now and forever. Amen.

#### **COLLECT FOR PURITY**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen**.

#### **GLORIA** (8:00 service)

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

#### **SONG OF PRAISE** (10:15 service)

Festival Eucharist, Craig Phillips



*Choir*: and peace to his people on earth.

Lord God, heavenly King, almighty God and Father, we worship you we give you thanks, we praise you for your glory.

Refrain

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: Have mercy on us; you are seated at the right hand of the Father: Receive our prayer.

Refrain

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen

Refrain

#### COLLECT OF THE DAY

Presider The Lord be with you.

People And also with you.

Presider Let us pray.

O God, whose blessed Son came into the world that he might destroy the works of the devil and make us children of God and heirs of eternal life: Grant that, having this hope, we may purify ourselves as he is pure; that, when he comes again with power and great glory, we may be made like him in his eternal and glorious kingdom; where he lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen**.

(The people are seated)

FIRST READING Haggai 1.15b—2.9

Lector A Reading from Haggai.

In the second year of King Darius, in the seventh month, on the twenty-first day of the month, the word of the LORD came by the prophet Haggai, saying: Speak now to Zerubbabel son of Shealtiel, governor of Judah, and to Joshua son of Jehozadak, the high priest, and to the remnant of the people, and say, Who is left among you that saw this house in its former glory? How does it look to you now? Is it not in your sight as nothing? Yet now take courage, O Zerubbabel, says the LORD; take courage, O Joshua, son of Jehozadak, the high priest; take courage, all you people of the land, says the LORD; work, for I am with you, says the LORD of hosts, according to the promise that I made you when you came out of Egypt. My spirit abides among you; do not fear. For thus says the LORD of hosts: Once again, in a little while, I will shake the heavens and the earth and the sea and the dry land; and I will shake all the nations, so that the treasure of all nations shall come, and I will fill this house with splendor, says the LORD of hosts. The silver is mine, and the gold is mine, says the LORD of hosts. The latter splendor of this house shall be greater than the former, says the LORD of hosts; and in this place I will give prosperity, says the LORD of hosts.

Lector The Word of the Lord.
People Thanks be to God.

PSALM 145 Setting: David York

The choir sings the antiphon once and the congregation repeats. The choir sings the Psalm verses. The choir and congregation then sing the antiphon following each section of verses.



I will exalt you, my God and king, and bless your name forever and ever. Every day will I bless you and praise your name forever and ever. Great is the LORD and greatly to be praised! There is no end to your greatness. *Antiphon* 

One generation shall praise your works to another and shall declare your power.

I will speak of the glorious splendor of your majesty and all of your marvelous works. *Antiphon* 

They shall tell of the might of your wondrous acts, and I will recount your greatness.

They shall publish the remembrance of your great goodness; they shall sing joyfully of your righteousness.

The LORD is gracious and full of compassion, slow to anger and abounding in steadfast love. *Antiphon* 

#### **SECOND READING**

Thessalonians 2.1-5, 13-17

Lector A Reading from the Second Letter to the Thessalonians.

As to the coming of our Lord Jesus Christ and our being gathered together to him, we beg you, brothers and sisters, not to be quickly shaken in mind or alarmed, either by spirit or by word or by letter, as though from us, to the effect that the day of the Lord is already here. Let no one deceive you in any way; for that day will not come unless the rebellion comes first and the lawless one is revealed, the one destined for destruction. He opposes and exalts himself above every so-called god or object of worship, so that he takes his seat in the temple of God, declaring himself to be God. Do you not remember that I told you these things when I was still with you?

But we must always give thanks to God for you, brothers and sisters beloved by the Lord, because God chose you as the first fruits for salvation through sanctification by the Spirit and through belief in the truth. For this purpose he called you through our proclamation of the good news, so that you may obtain the glory of our Lord Jesus Christ. So then, brothers and sisters, stand firm and hold fast to the traditions that you were taught by us, either by word of mouth or by our letter.

Now may our Lord Jesus Christ himself and God our Father, who loved us and through grace gave us eternal comfort and good hope, comfort your hearts and strengthen them in every good work and word.

Lector The Word of the Lord.
People Thanks be to God.

(The people stand)

#### **SEQUENCE HYMN**

On Jordan's Stormy Bank I Stand

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(Congregation sings vv. 1 & 2, the Gospel is read, then vv. 3 & 4 are sung)

HOLY GOSPEL Luke 20.27-38

Presider The Holy Gospel of our Lord Jesus Christ According to Luke.

People Glory to you, Lord Christ.

Some Sadducees, those who say there is no resurrection, came to Jesus and asked him a question, "Teacher, Moses wrote for us that if a man's brother dies, leaving a wife but no children, the man shall marry the widow and raise up children for his brother. Now there were seven brothers; the first married, and died childless; then the second and the third married her, and so in the same way all seven died childless. Finally the woman also died. In the resurrection, therefore, whose wife will the woman be? For the seven had married her."

Jesus said to them, "Those who belong to this age marry and are given in marriage; but those who are considered worthy of a place in that age and in the resurrection from the dead neither marry nor are given in marriage. Indeed they cannot die anymore, because they are like angels and are children of God, being children of the resurrection. And the fact that the dead are raised Moses himself showed, in the story about the bush, where he speaks of the Lord as the God of Abraham, the God of Isaac, and the God of Jacob. Now he is God not of the dead, but of the living; for to him all of them are alive."

Presider The Gospel of the Lord.
People Praise to you, Lord Christ.

(The people are seated)

SFRMON

The Rev. Sharon K. Sheffield

(Silent reflection)

#### **NICENE CREED** (Please stand)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, 

and the life of the world to come. Amen.

#### **PRAYERS OF THE PEOPLE**

As we prepare to bring our gifts to the altar, let us raise our voices in prayer and praise, thanking God for the opportunity to tell out our souls in joy.

I ask your prayers for the Church, God's greatest gift to us. For all who worship and serve this day. For the wisdom and teaching of our bishops, priests, deacons, and laypeople. Tell Out my Soul,

#### The Greatness of our House of Prayer.

I bid your prayers for our Nation and for all nations; for all refugees, for an end to terror and war, for a spirit of Goodwill. We pray for our national institutions that they will work together in justice.

Tell Out my Soul,

#### The Greatness of the Promise of Liberty.

I ask your prayers for our neighbors, for the mission of our church and the ways we change the world with our gifts.

Tell Out my Soul,

#### The Greatness of our Love.

I invite your prayers for those who are sick, who are isolated, who are in despair. We pray for caregivers and healers who care for those we love. We pray for those in need, especially those we mention now, silently or aloud [or in the comment section].

(Pause)

Tell Out my Soul,

#### The Greatness of our Compassion.

I ask your prayers for the dead and the dying, and for those who mourn. We pray for those who have died, especially those we mention now, silently or aloud [or in the comment section].

(Pause)

Tell Out my Soul,

#### The Greatness of our stories.

I invite your celebrations, remembrances, and the naming of our many blessings, innumerable and filled with Grace. May we be inspired to share our wealth, works, and wisdom with our neighbors and our Church as we Tell out our Soul,

#### The Greatness of the Lord.

Presider

Hear the prayers of your people, O God, and inspire us with gratitude and abundance as we share our many gifts with You and the world You have made. **Amen.** 

#### **CONFESSION OF SIN**

Presider Let us confess our sins against God and our neighbor.

Silence may be kept.

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed, by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will, and walk in your ways,
to the glory of your Name. Amen.

Presider Almighty God have mercy on you, 4 forgive you all your sins through our Lord

Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit

keep you in eternal life. Amen.

#### THE PEACE

Presider The peace of the Lord be always with you.

People And also with you.

(Then the Ministers and People may greet one another in the name of the Lord.)

#### ANNOUNCEMENTS AND SPECIAL BLESSINGS

**Birthday and Anniversary Prayer**: Watch over your *children*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when *they* stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may your peace which passes understanding abide all the days of *their* lives; through Jesus Christ our Lord. Amen.

#### "Tell Out My Soul" Stewardship Reflection

Weekly stewardship handout can be found on Bulletin Page 25

#### THE HOLY COMMUNION

#### **OFFERTORY ANTHEM**

Death Shall Not Destroy My Comfort

arr. Mack Wilberg

Margaret Armstrong, piano

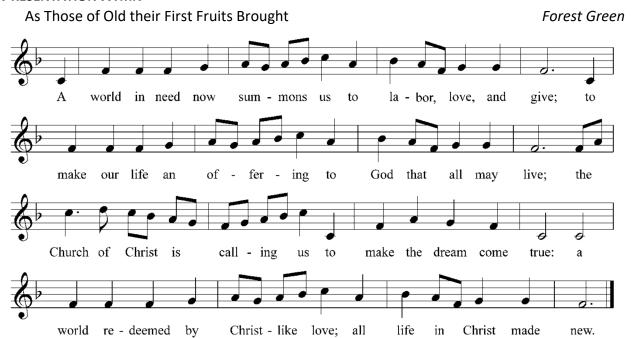
Death shall not destroy my comfort, Christ shall guide me thro' the gloom; Down he'll send some heav'nly convoy, to escort my spirit home.

> Oh hallelujah! How I love my Savior! Oh, Hallelujah! That I do; Oh Hallelujah! How I love my savior! Mourners, you may love him too.

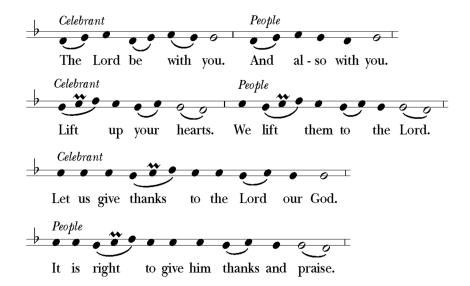
Jordan's stream shall not o'er-flow me, while my Savior's by my side; Canaan, Canaan lies before me! Soon I'll cross the swelling tide.

See the happy spirit's waiting, on the banks beyond the stream! Sweet responses still repeating, "Jesus! Jesus!" is their theme.

#### **PRESENTATION HYMN**



#### THE GREAT THANKSGIVING



We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love.

And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing (say):

#### At the 8:00 Service:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

St. Anne's Mass, James MacMillan

At the 10:15 Service:



Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself, yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

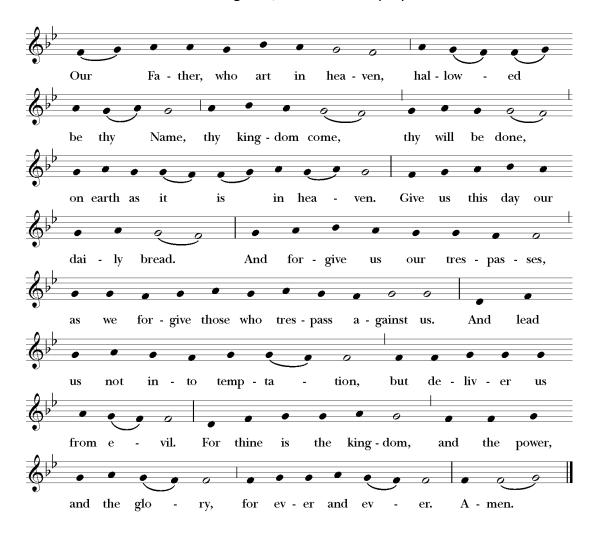
Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with [\_\_\_\_\_ and] all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.** 

And now as our Savior Christ has taught us, we are bold to pray:



#### THE BREAKING OF THE BREAD

(A period of silence is kept after the Presider breaks the host)

Alleluia! Christ our Passover is sacrificed for us.

Therefore let us keep the feast. Alleluia!



# We who are man-y are one bo-dy, for we all share in the one - bread.

Refrain sung first by the cantor, then repeated by all

Verse: We break this bread to share in the body of Christ.

Refrain: We who are many are one body, for we all share in the one bread.

The Presider says the following invitation

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

#### **COMMUNION OF THE PEOPLE**

All are welcome to receive Holy Communion at this Altar. Holy Communion will be distributed from a single Communion Station at the foot of the chancel steps. The Ushers will release people by row to receive Communion. **Gluten free wafers are available upon request.** 

#### **PRAYER FOR SPIRITUAL COMMUNION**

Those who are participating in the live streamed service and therefore not able to receive communion may wish to say the following prayer in recognition that the desire to receive communion carries the same spiritual benefits of actually consuming the consecrated elements.

Lord Jesus Christ, you have instituted for us a great sacrament in your promise of life and love, which we remember now as we hear your words again: "This is my body; this is my blood — given for you." Feed us in our hearts with faith and trust, draw us closer to you and to each other, and strengthen us for service to our neighbor. We come before you now, with hearts you have fed all our lives with the promise that you have given yourself for us. Keep us strong in that faith until we can meet at your table again. Amen.

#### **COMMUNION MUSIC**

Air from "Holberg Suite" arrangement for piano, four hands

**Edvard Grieg** 

#### **COMMUNION ANTHEM**

When Angels Sing Mark Miller

Brianna Zucker, soloist

Within each lifetime an angel's voice is heard; celestial sounds pierce time and space. For just a moment, the breathless beauty of heaven's song reveals God's grace.

Peace in our hearts, peace when angels sing, peace, be still and listen heart.

Listen when angels sing.

Despite our sorrows, the dawn brings life anew; and raging storms begin to cease.

For just a moment, the breathless beauty of heaven's song brings us peace.

(Herb Frombach. b. 1940)

#### **POST COMMUNION PRAYER**

Presider Let us pray.

Officiant

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

#### A LITANY OF LEAVE-TAKING FOR MOTHER SHARON

People	during the season of Father Michael's sabbatical rest.  We thank you, Lord, for your servant's faithfulness and care.
Officiant People	For preaching the Word, presiding at the Holy Table, and leading us in prayer, We thank you, Lord.

Let us give thanks for the ministry of Mother Sharon, who has served among us

Officiant For walking with us in times of joy and sorrow, and for sharing in the life of this

parish,

People We thank you, Lord.

Officiant For the wisdom, patience, and encouragement offered to us,

People We thank you, Lord.

Officiant For strengthening our ministries and supporting our leaders,

People We thank you, Lord.

Officiant For the gifts of friendship and fellowship we have shared,

People We thank you, Lord.

Officiant As Mother Sharon prepares to depart, we pray for God's blessing on the next

chapter of her journey.

People May the Lord bless you and keep you;

May the Lord make his face to shine upon you and be gracious to you; May the Lord lift up his countenance upon you and give you peace.

Officiant Let us pray.

All Gracious God, we thank you for the ministry of Mother Sharon among us. As

we continue in the care of our rector, grant that the seeds planted and the bonds formed may continue to bear fruit in our common life. Watch over your servant Mother Sharon, and grant her joy in her next calling, through Jesus

Christ our Lord. Amen.

#### **BLESSING**

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, 

the Father, the Son, and the Holy Spirit, be among you and remain with you always. Amen.

#### RECESSIONAL HYMN

O What Their Joy and Their Glory Must Be

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#### THE DISMISSAL

Presider Go in peace to love and serve the Lord.

People Thanks be to God.

#### **VOLUNTARY**

Postlude, Op. 78 Sigfrid Karg-Elert

If you wish to leave during the Voluntary, please do so quietly, out of courtesy for those staying to listen.

#### FLOWERS TODAY ARE GIVEN TO THE GLORY OF GOD

and
In honor of our Veterans
by Bill & Beth Eldon

## Please join us in Francis Hall for refreshments and fellowship following the worship service

(Francis Hall is out the main church doors and to the left)

#### **TODAY'S WORSHIP PARTICIPANTS**

	8:00 SERVICE	10:15 SERVICE
Presider	Mo. Sharon Sheffield Fr. Michael Fincher	Fr. Michael Fincher Mo. Sharon Sheffield
Preacher	Mo. Sharon Sheffield	Mo. Sharon Sheffield
Music Director	_	David York
Crucifer	_	David Luebben-Morrill
Lector	Tamera Benedict	Caryn Cobb
Lay Eucharistic Ministers (LEMs)	Dana Lindsay	Fran Luebben-Morgan Beth Eldon

Texts of Sunday sermons are available on our parish website, at <a href="http://stgregoryschurch.com/sermons-archive/">http://stgregoryschurch.com/sermons-archive/</a>

#### To make secure, online donations to St. Gregory's, simply scan:



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#### **PROCESSIONAL HYMN**

Hymnal 1982, Hymn 372



(Congregation sings vv. 1 & 2, the Gospel is read, then vv. 3 & 4 are sung)



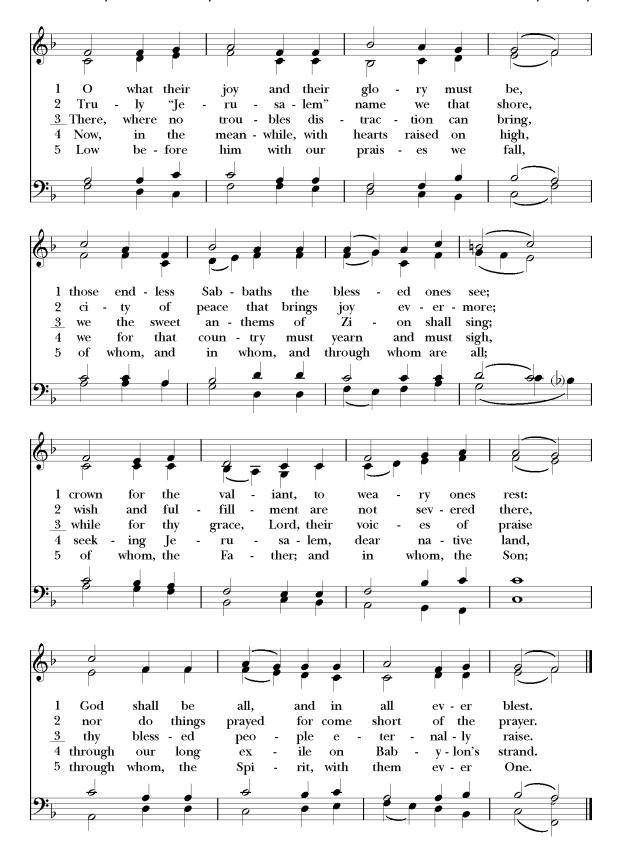
Text: Samuel Stennett, 1727–1795 Music: PROMISED LAND, W. Walker, *Southern Harmony*, 1835; adapt. Rigdon M. McIntosh, 1836–1899

#### **RECESSIONAL HYMN**

#### Hymnal 1982, Hymn 623

O What Their Joy and Their Glory Must Be

O quanta qualia



#### THIS WEEK AT ST. GREGORY'S

#### **Tuesday, November 11**

**Centering Prayer** at **6:30 PM** on Zoom. Contact Fr. Michael for access information.

#### Thursday, November 13

Holy Eucharist and Healing Service at 10:00 AM in the Chapel.

**Bible Study** at **11:00 AM** in the Fireside Room.

Choir Rehearsal at 7:30 PM in the Choir Room. Contact David York for more information.

#### Sunday, November 16 – Twenty-Third Sunday after Pentecost

Holy Eucharist (spoken) at 8:00 AM in the Church.

#### **Sunday School**

Seniors (ages 11 to 18) at 9:30 AM in the Youth Room. Juniors (ages 8 to 10) at 10:15 AM in the Youth Room. Beginners (ages 5 to 7) at 10:15 AM in the Youth Room.

**Holy Eucharist** (with music) at **10:15 AM** in the Church and live streamed on the St. Gregory's Facebook page (<a href="https://facebook.com/stgregoryslongbeach/">https://facebook.com/stgregoryslongbeach/</a>).

Nursery Care is available on Sundays, starting at 7:45 AM, in the Nursery (Room 3)

#### **Daily Offices (Tuesday through Thursday)**

**Daily Morning Prayer:** Tuesday through Thursday at **9:00 AM** on the St. Gregory's Facebook page (<a href="https://facebook.com/stgregoryslongbeach/">https://facebook.com/stgregoryslongbeach/</a>).

**Daily Evening Prayer:** Tuesday through Thursday at **5:00 PM** on the St. Gregory's Facebook page (<a href="https://facebook.com/stgregoryslongbeach/">https://facebook.com/stgregoryslongbeach/</a>).

For the Daily Offices, you will need either a Book of Common Prayer or you can download the Morning and Evening Prayer liturgies and the Psalms for the week from the St. Gregory's website (<a href="https://www.stgregoryschurch.com">www.stgregoryschurch.com</a>).

#### **UPCOMING EVENTS**

#### Music at Four – November 16, 2025

**4:00 PM** – Kirkin' of the Tartan Evensong returns. The sound of Bagpipes will fill the church in this festive Evensong service honoring St. Andrew, the patron Saint of Scotland. St. Gregory's Choir and guests will be conducted by Julie Ramsey, the recently retired Director of Music at Bay Shore Community Congregational Church in Long Beach.



#### **ANNOUNCEMENTS**

**United Thank Offering (UTO) Ingathering:** November is a month of sharing our abundance with others such as family, friends and our community as we begin our UTO ingathering this month, please remember that UTO grants often focus on urgent human needs meaning your individual gratitude gift helps racial reconciliation efforts, to end poverty and so much more. The ingathering will continue until **Sunday, December 7**<sup>th</sup>. Please give generously.

**Holiday Gift Card Drive Update:** This is the last week for gift card donations for our families. Please, purchase gift cards from Target, Walmart, Food for Less, Albertsons, and Smart & Final in denominations of \$25, \$50, and \$100 before next Sunday. The cards may be sent to the church or placed in the collection plate. You may also make donations through the church website. Thank you for your generosity!

**Stitches of Faith:** Are you looking for a space to share your creativity, enjoy fellowship, and be inspired? Stitches of Faith is a gathering for anyone who loves to craft—or wants to learn! Whether you knit, crochet, quilt, paint, or want to try your hand at another craft, this group is open to all skill levels, including beginners eager to discover something new. We meet on Sundays from 1:00–3:30 PM in the Conference Room. Each week, we will enjoy time for projects, encouragement, and conversation in a relaxed, faith-filled environment. Light refreshments will be provided. Bring your supplies, your curiosity, and your kind spirit. Come create, connect, and grow in community with us!

**Lend a Hand:** Like any older building, St. Gregory's constantly needs maintenance and touching up. Fred Cornett has made up a list of things to do in the near future: Cleaning and arranging the janitor's closet and the storage areas, cleaning the trash cans, etc. Many hands make light work, and most of the jobs won't take much time if two or three people join in. There is a signup sheet in the narthex, and Fred is always available for consultation or questions: (562) 308-6955. Thanks, Fred, for getting the projects going!

Altar Flower Donations: Need a wonderful way to honor or remember a loved one or friend? Make a flower donation. There is a flower donation chart located on the Narthex wall that you can use to sign up for special dates to donate altar flowers. Simply fill out a donation form attached to the bottom of the chart and return the form to the Parish Office. Payment for flowers can be made by check or online at <a href="https://stgregoryschurch.com/4721-2">https://stgregoryschurch.com/4721-2</a>. Make sure you specify your donation is for Altar Flowers. The Altar Guild thanks you.

**Episcopal News Updates:** The Diocese provides weekly email updates to help you keep informed about what's happening all over our six-county diocese. If you want to receive the Episcopal News, visit <a href="https://diocesela.org/episcopal-news/contact/">https://diocesela.org/episcopal-news/contact/</a> and enter your email address in the box provided.

**Feed My Lambs and Food Bank:** THANK YOU for your generosity and your donations Here's the latest news on our parish feeding programs.

- Feed My Lambs
  - Homemade cookies can be dropped off any time. Please put your homemade cookies in Ziploc Bags and label them with the date and "FML" (this way we know they are for Feed My Lambs and not other purposes).
  - Please do not bring hardboiled eggs. Due to issues with eggs, we now have a
    dedicated team responsible for providing hardboiled egg.
  - Volunteers If you are interested in helping out Feed My Lambs, contact Tamera Benedict at (tlbenedict4@gmail.com, 562.301.6800).
- **Food Bank** The Food Bank relies on your financial support and appreciates all donations of funds or non-perishable food items. We also can use more volunteers at:
  - Bagging and distribution the THIRD WEDNESDAY of each month from 8:30 to 11:00 AM
  - Any other time you may have available and could assist with assembling our bags (e.g. on Sunday before or after service, or any time the office is open for access)

Please contact Kevin in the Parish Office (<a href="mailto:info@stgregoryschurch.com">info@stgregoryschurch.com</a>, 562.420.1311) or Bill Eldon (<a href="mailto:billeldon@gmail.com">billeldon@gmail.com</a>, 562.234.9920) for more information about the Food Bank.

Your continued support of our feeding ministries, through product and monetary contributions, is greatly appreciated!

**Gratitude for Your Support of the Parish:** We continue to be humbled and so incredibly grateful for your generosity in supporting our parish and its ministries! While you may not be able to drop your donation in a real offering plate, there are still ways you can make sure your donation gets to the parish:

- You can mail your check to the parish office.
- Make donations through our online payment account, accessible through the parish website at <a href="http://stgregoryschurch.com/4721-2/">http://stgregoryschurch.com/4721-2/</a>.
- Scan the QR code found in the Sunday bulletin.

And again, THANK YOU for your continued support!

**Parish Directory:** Our online parish directory is at <a href="https://www.instantchurchdirectory.com/">https://www.instantchurchdirectory.com/</a>. This is a secure site and can be accessed using the email address you had published in the parish directory. You can also download the "Instant Church Directory" on your smart phone. Versions are available for Android, iPhone, iPad, and Kindle.

One Body & One Spirit Annual Appeal: The Diocese has established an ongoing campaign focused on raising funds to assist congregations, schools, affiliated institutions, and their communities who are faced with unprecedented challenges. We are invited to prayerfully consider making a donation to help others in our Diocese who may have unmet needs. More information is available at <a href="https://diocesela.org/annual-appeal/">https://diocesela.org/annual-appeal/</a>.

**Forward Day By Day:** For those who use the Forward Day By Day booklet for personal devotions and need the newest edition mailed, please contact Kevin at 562-420-1311 or <a href="mailto:info@stgregoryschurch.com">info@stgregoryschurch.com</a>.

**In Case of Emergency... Notify Your Priest!** In the event of a hospital stay, illness, death in the family, or other pastoral emergency, please call Fr. Michael on his cell phone (909-373-6478). And PLEASE, no excuses about not wanting to bother me. That's why we are here – for YOU!

#### PRAYER LIST

Lydia Gibbs, Suzan Laverty, Martin Nemitz, Ferdinand Gonzalez, Patrick McDonough, Mike Laverty, Mother Beryl, Walt Gupton, Scott Morgan, Fran Luebben-Morgan, Harold Peacock, Rudy Revell, Jared Baker, Kimberly Bouzguenda, Shannon Romano, Ralph Tesla, Anne Cantrell, Matt Burger, Kathy Edwards, Darlene Feit-Pretzer, Keeley Gilmore, Betty Peacock, Maria White, Laura Mae Harper, Elizabeth Laursen, Eric Kela, Dodie Martin, Savannah Jimenez, Martha Wong, Joanne Paine, Jonah Culbert, Carlos Cruz, Alexis Cattivera and Family, Sean Wood, Marina Tesla, Jim Perreten, Nancy Luebben, Diane Duacsek, Michele Morrill, Kira Dirghalli, Edith Finney, Paige Hardin, Marty Wong, Dominic Ginder, Miriam Edwards, Charles H. Parks, Perry Nelson, Nellie Bell, Ernie and Vickie Morrison, Alison and Mick, Phyllis Comiskey, Marie Romer, Brett W., Roberto Villanueva, Adan Murillo, Val Kela, Michael Hipsman, Kelly

Repose of the soul of Barbara Cleantis and Margo Dalessi

Note: Unless we are aware of on-going concerns, names only stay on the Parish Prayer List for a month. If names need to be re-added, please notify the Parish Office.



### **Singing Gratitude**

Music is breath. It is heartbeat. It is the voice that rises from within, unfiltered, raw, and real. Sometimes joyful. Sometimes aching. Always true.

The Xhosa melody *Ndisondela Kuwe* walks with me. It is more than a song—it is a doorway, an invitation into sacred spaces. The words mean *I draw near to You*. A hymn, yes, but more than that. A prayer. A surrender. A call not to seek answers, but to seek God. To move toward the divine, not from a place of strength, but from exhaustion, from the longing that lives in every human soul.

When this song is sung, something happens. The air changes. A quiet wind moves through the room. Voices tremble, crack, and finally break open. Long-held burdens slip through the cracks. In that moment—vulnerable, stripped bare—the Holy Spirit meets us. Guides us. Pulls us closer to God, and closer to one another.

This is stewardship. To step forward with what we have, trusting that it is enough. Gratitude gives us the courage to give without fear, to pour ourselves out while still holding onto the song that makes us who we are. We do not shrink when we give. We do not lose ourselves. We grow.

Gratitude makes it possible to sing. To share. To let go.

And when we sing together, each voice rising with its own story, we find something greater than ourselves. *Uxolo!* †\$\overline{\text{Uxolo!}}\$



**Questions for Reflection:** 

I wonder, how does gratitude help you to dare to share your song? Yebo!



The Reverend Lester V.
Mackenzie, AHC serves
as the Chief of Mission
Program in the office of
The Presiding Bishop
Sean Rowe. He is fed
by desert spirituality, a
musician, capoeirista and
an Associate of Holy Cross
(AHC), drawn always to
the ocean.





#### 6201 E. WILLOW STREET, LONG BEACH, CALIFORNIA 90815 562-420-1311 WWW.STGREGORYSCHURCH.COM

#### WELCOME TO ST. GREGORY'S EPISCOPAL CHURCH!

St. Gregory's is a warm and caring community of families and singles, young and old, committed to sharing the good news that Jesus is the Lord of all life. We are an Episcopal Church, having members from all backgrounds and religious traditions. Many of us had no church involvement before coming here. We want to offer to you the same welcome and friendship that were extended to us when we came to St. Gregory's.

#### St. Gregory's Mission Statement

God has called us into Christian community and gifted us for ministry:

To worship and glorify God

To transform faith into action

To share the love of Jesus Christ

The Right Reverend John H. Taylor Bishop of the Episcopal Diocese of Los Angeles

The Reverend Michael K. Fincher, Rector rector@stgregoryschurch.com

The Reverend Sharon K. Sheffield, Associate Priest associate@stgregoryschurch.com

David York, Music Director & Organist york1635@aol.com

Parish Office Hours: 9:00am-12:00pm, Tuesday – Friday