

Psalms for Morning Prayer

September 29 to October 3

Monday, September 29 – St. Michael and All Angels

8 *Domine, Dominus noster*

1 O Lord our Governor, *
how exalted is your Name in all the world!

2 Out of the mouths of infants and children *
your majesty is praised above the heavens.

3 You have set up a stronghold against your adversaries, *
to quell the enemy and the avenger.

4 When I consider your heavens, the work of your fingers, *
the moon and the stars you have set in their courses,

5 What is man that you should be mindful of him? *
the son of man that you should seek him out?

6 You have made him but little lower than the angels; *
you adorn him with glory and honor;

7 You give him mastery over the works of your hands; *
you put all things under his feet:

8 All sheep and oxen, *
even the wild beasts of the field,

9 The birds of the air, the fish of the sea, *
and whatsoever walks in the paths of the sea.

10 O Lord our Governor, *
how exalted is your Name in all the world!

148 *Laudate Dominum*

1 Hallelujah!

Praise the Lord from the heavens; *
praise him in the heights.

2 Praise him, all you angels of his; *
praise him, all his host.

3 Praise him, sun and moon; *
praise him, all you shining stars. 4 Praise him, heaven of heavens, *
and you waters above the heavens.

5 Let them praise the Name of the Lord; *
for he commanded, and they were created.

6 He made them stand fast for ever and ever; *
he gave them a law which shall not pass away.

7 Praise the Lord from the earth, *
you sea-monsters and all deeps;

8 Fire and hail, snow and fog, *
tempestuous wind, doing his will;

9 Mountains and all hills, *
fruit trees and all cedars;

10 Wild beasts and all cattle, *
creeping things and winged birds;

11 Kings of the earth and all peoples, *
princes and all rulers of the world;

12 Young men and maidens, *
old and young together.

13 Let them praise the Name of the Lord, *
for his Name only is exalted,
his splendor is over earth and heaven.

14 He has raised up strength for his people
and praise for all his loyal servants, *
the children of Israel, a people who are near him.
Hallelujah!

Tuesday, September 30

97 *Dominus regnavit*

1 The Lord is King;
let the earth rejoice; *
let the multitude of the isles be glad.

2 Clouds and darkness are round about him, *
righteousness and justice are the foundations of his throne.

3 A fire goes before him *
and burns up his enemies on every side.

4 His lightnings light up the world; *
the earth sees it and is afraid.

5 The mountains melt like wax at the presence of the Lord, *
at the presence of the Lord of the whole earth.

6 The heavens declare his righteousness, *
and all the peoples see his glory.

7 Confounded be all who worship carved images
and delight in false gods! *
Bow down before him, all you gods.

8 Zion hears and is glad, and the cities of Judah rejoice, *
because of your judgments, O Lord.

9 For you are the Lord,
most high over all the earth; *
you are exalted far above all gods.

10 The Lord loves those who hate evil; *
he preserves the lives of his saints
and delivers them from the hand of the wicked.

11 Light has sprung up for the righteous, *
and joyful gladness for those who are truehearted.

12 Rejoice in the Lord, you righteous, *
and give thanks to his holy Name.

99 *Dominus regnavit*

1 The Lord is King; let the people tremble; *
he is enthroned upon the cherubim;
let the earth shake.

2 The Lord is great in Zion; *
he is high above all peoples.

3 Let them confess his Name, which is great and awesome; *
he is the Holy One.

4 "O mighty King, lover of justice,
you have established equity; *
you have executed justice and righteousness in Jacob."

5 Proclaim the greatness of the Lord our God
and fall down before his footstool; *
he is the Holy One.

6 Moses and Aaron among his priests,
and Samuel among those who call upon his Name, *
they called upon the Lord, and he answered them.

7 He spoke to them out of the pillar of cloud; *
they kept his testimonies and the decree that he gave them.

8 "O Lord our God, you answered them indeed; *
you were a God who forgave them,
yet punished them for their evil deeds."

9 Proclaim the greatness of the Lord our God
and worship him upon his holy hill; *
for the Lord our God is the Holy One.

100 *Jubilare Deo*

1 Be joyful in the Lord, all you lands; *
serve the Lord with gladness
and come before his presence with a song.

2 Know this: The Lord himself is God; *
he himself has made us, and we are his;
we are his people and the sheep of his pasture.

3 Enter his gates with thanksgiving;
go into his courts with praise; *
give thanks to him and call upon his Name.

4 For the Lord is good;
his mercy is everlasting; *
and his faithfulness endures from age to age.

Wednesday, October 1

101 *Misericordiam et judicium*

1 I will sing of mercy and justice; *
to you, O Lord, will I sing praises.

2 I will strive to follow a blameless course;
oh, when will you come to me? *
I will walk with sincerity of heart within my house.

3 I will set no worthless thing before my eyes; *
I hate the doers of evil deeds;
they shall not remain with me.

4 A crooked heart shall be far from me; *
I will not know evil.

5 Those who in secret slander their neighbors I will destroy; *
those who have a haughty look and a proud heart I cannot abide.

6 My eyes are upon the faithful in the land, that they may dwell with me, *
and only those who lead a blameless life shall be my servants.

7 Those who act deceitfully shall not dwell in my house, *
and those who tell lies shall not continue in my sight.

8 I will soon destroy all the wicked in the land, *
that I may root out all evildoers from the city of the Lord.

109 *Deus, laudem*

1 Hold not your tongue, O God of my praise; *
for the mouth of the wicked,
the mouth of the deceitful, is opened against me.

2 They speak to me with a lying tongue; *
they encompass me with hateful words
and fight against me without a cause.

3 Despite my love, they accuse me; *
but as for me, I pray for them.

4 They repay evil for good, *
and hatred for my love.

(5 Set a wicked man against him, *
and let an accuser stand at his right hand.

6 When he is judged, let him be found guilty, *
and let his appeal be in vain.

7 Let his days be few, *
and let another take his office.

8 Let his children be fatherless, *
and his wife become a widow.

9 Let his children be waifs and beggars; *
let them be driven from the ruins of their homes.

10 Let the creditor seize everything he has; *
let strangers plunder his gains.

11 Let there be no one to show him kindness, *
and none to pity his fatherless children.

12 Let his descendants be destroyed, *
and his name be blotted out in the next generation.

13 Let the wickedness of his fathers be remembered before the Lord, *
and his mother's sin not be blotted out;

14 Let their sin be always before the Lord; *
but let him root out their names from the earth;

15 Because he did not remember to show mercy, *
but persecuted the poor and needy
and sought to kill the brokenhearted.

16 He loved cursing,
let it come upon him; *
he took no delight in blessing,
let it depart from him.

17 He put on cursing like a garment, *
let it soak into his body like water
and into his bones like oil;

18 Let it be to him like the cloak which he
wraps around himself, *
and like the belt that he wears continually.

19 Let this be the recompense from the Lord to my accusers, *
and to those who speak evil against me.)

20 But you, O Lord my God,
oh, deal with me according to your Name; *
for your tender mercy's sake, deliver me.

21 For I am poor and needy, *
and my heart is wounded within me.

22 I have faded away like a shadow when it lengthens; *
I am shaken off like a locust.

23 My knees are weak through fasting, *
and my flesh is wasted and gaunt.

24 I have become a reproach to them; *
they see and shake their heads.

25 Help me, O Lord my God; *
save me for your mercy's sake.

26 Let them know that this is your hand, *
that you, O Lord, have done it.

27 They may curse, but you will bless; *
let those who rise up against me be put to shame,
and your servant will rejoice.

28 Let my accusers be clothed with disgrace *
and wrap themselves in their shame as in a cloak.

29 I will give great thanks to the Lord with my mouth; *
in the midst of the multitude will I praise him;

30 Because he stands at the right hand of the needy, *
to save his life from those who would condemn him.

Thursday, October 2

105

Part I *Confitemini Domino*

1 Give thanks to the Lord and call upon his Name; *
make known his deeds among the peoples.

2 Sing to him, sing praises to him, *
and speak of all his marvelous works.

3 Glory in his holy Name; *
let the hearts of those who seek the Lord rejoice.

4 Search for the Lord and his strength; *
continually seek his face.

5 Remember the marvels he has done, *
his wonders and the judgments of his mouth,

6 O offspring of Abraham his servant, *
O children of Jacob his chosen.

7 He is the Lord our God; *
his judgments prevail in all the world.

8 He has always been mindful of his covenant, *
the promise he made for a thousand generations:

9 The covenant he made with Abraham, *
the oath that he swore to Isaac,

10 Which he established as a statute for Jacob, *
an everlasting covenant for Israel,

11 Saying, "To you will I give the land of Canaan *
to be your allotted inheritance."

12 When they were few in number, *
of little account, and sojourners in the land,

13 Wandering from nation to nation *
and from one kingdom to another,

14 He let no one oppress them *
and rebuked kings for their sake,

15 Saying, "Do not touch my anointed *
and do my prophets no harm."

16 Then he called for a famine in the land *
and destroyed the supply of bread.

17 He sent a man before them, *
Joseph, who was sold as a slave.

18 They bruised his feet in fetters; *
his neck they put in an iron collar.

19 Until his prediction came to pass, *
the word of the Lord tested him.

20 The king sent and released him; *
the ruler of the peoples set him free.

21 He set him as a master over his household, *
as a ruler over all his possessions,

22 To instruct his princes according to his will *
and to teach his elders wisdom.

Friday, October 3

102 *Domine, exaudi*

1 Lord, hear my prayer, and let my cry come before you; *
hide not your face from me in the day of my trouble.

2 Incline your ear to me; *
when I call, make haste to answer me,

3 For my days drift away like smoke, *
and my bones are hot as burning coals.

4 My heart is smitten like grass and withered, *
so that I forget to eat my bread.

5 Because of the voice of my groaning *
I am but skin and bones.

6 I have become like a vulture in the wilderness, *
like an owl among the ruins.

7 I lie awake and groan; *
I am like a sparrow, lonely on a house-top.

8 My enemies revile me all day long, *
and those who scoff at me have taken an oath against me.

9 For I have eaten ashes for bread *
and mingled my drink with weeping.

10 Because of your indignation and wrath *
you have lifted me up and thrown me away.

11 My days pass away like a shadow, *
and I wither like the grass.

12 But you, O Lord, endure for ever, *
and your Name from age to age.

13 You will arise and have compassion on Zion,
for it is time to have mercy upon her; *
indeed, the appointed time has come.

14 For your servants love her very rubble, *
and are moved to pity even for her dust.

15 The nations shall fear your Name, O Lord, *
and all the kings of the earth your glory.

16 For the Lord will build up Zion, *
and his glory will appear.

17 He will look with favor on the prayer of the homeless; *
he will not despise their plea.

18 Let this be written for a future generation, *
so that a people yet unborn may praise the Lord.

19 For the Lord looked down from his holy place on high; *
from the heavens he beheld the earth;

20 That he might hear the groan of the captive *
and set free those condemned to die;

21 That they may declare in Zion the Name of the Lord, *
and his praise in Jerusalem;

22 When the peoples are gathered together, *
and the kingdoms also, to serve the Lord.

23 He has brought down my strength before my time; *
he has shortened the number of my days;

24 And I said, "O my God,
do not take me away in the midst of my days; *
your years endure throughout all generations.

25 In the beginning, O Lord, you laid the foundations of the earth, *
and the heavens are the work of your hands;

26 They shall perish, but you will endure;
they all shall wear out like a garment; *
as clothing you will change them,
and they shall be changed;

27 But you are always the same, *
and your years will never end.

28 The children of your servants shall continue, *
and their offspring shall stand fast in your sight."