

# ***Eighth Sunday after Pentecost (Proper 10)***

***Sunday, July 14, 2024***

8:00 AM (spoken) & 10:15 AM (with music)

***Also Live Streaming at***  
<https://www.facebook.com/stgregoryslongbeach/>

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## **VOLUNTARY**

Ave Maria

C. Reinecke

*(The people stand)*

## **PROCESSIONAL HYMN**

Lift Up Your Heads, Ye Mighty Gates

Bulletin Page 15

## **OPENING ACCLAMATION**

*Presider* Blessed be God: ✠ Father, Son, and Holy Spirit.

*People* **And blessed be his kingdom, now and forever. Amen.**

## **COLLECT FOR PURITY**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

**GLORIA** (8:00 service)

**Glory to God in the highest,  
and peace to his people on earth.**

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

**SONG OF PRAISE** (10:15 service)

*Lauda Anima*



Glo - ry be to God in hea - ven, songs of joy and  
peace we bring, thank - ful hearts and voi - ces  
rais - ing, to cre - a - tion's Lord we sing:  
Lord, we thank you, Lord, we bless you,  
glo - ry be to God our King.

## COLLECT OF THE DAY

*Presider*        The Lord be with you.

*People*            **And also with you.**

*Presider*        Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*(The people are seated)*

## FIRST READING

2 Samuel 6.1-5, 12b-19

*Lector*            A Reading from Second Samuel.

David again gathered all the chosen men of Israel, thirty thousand. David and all the people with him set out and went from Baale-judah, to bring up from there the ark of God, which is called by the name of the LORD of hosts who is enthroned on the cherubim. They carried the ark of God on a new cart, and brought it out of the house of Abinadab, which was on the hill. Uzzah and Ahio, the sons of Abinadab, were driving the new cart with the ark of God; and Ahio went in front of the ark. David and all the house of Israel were dancing before the LORD with all their might, with songs and lyres and harps and tambourines and castanets and cymbals.

So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing; and when those who bore the ark of the Lord had gone six paces, he sacrificed an ox and a fatling. David danced before the Lord with all his might; David was girded with a linen ephod. So David and all the house of Israel brought up the ark of the LORD with shouting, and with the sound of the trumpet.

As the ark of the LORD came into the city of David, Michal daughter of Saul looked out of the window, and saw King David leaping and dancing before the LORD; and she despised him in her heart.

They brought in the ark of the LORD, and set it in its place, inside the tent that David had pitched for it; and David offered burnt offerings and offerings of well-being before the LORD. When David had finished offering the burnt offerings and the offerings of well-being, he blessed the people in the name of the LORD of hosts, and distributed food among all the people, the whole multitude of Israel, both men and women, to each a cake of bread, a portion of meat, and a cake of raisins. Then all the people went back to their homes.

*Lector*            The Word of the Lord.

*People*            **Thanks be to God.**

## PSALM 24

The earth is the LORD's and all that is in it, \*  
the world and all who dwell therein.  
For it is he who founded it upon the seas \*  
and made it firm upon the rivers of the deep.  
"Who can ascend the hill of the LORD? \*  
and who can stand in his holy place?"  
"Those who have clean hands and a pure heart, \*  
who have not pledged themselves to falsehood,  
nor sworn by what is a fraud.  
They shall receive a blessing from the LORD \*  
and a just reward from the God of their salvation."  
Such is the generation of those who seek him, \*  
of those who seek your face, O God of Jacob.  
Lift up your heads, O gates;  
lift them high, O everlasting doors; \*  
and the King of glory shall come in.  
"Who is this King of glory?" \*  
"The LORD, strong and mighty,  
the LORD, mighty in battle."  
Lift up your heads, O gates;  
lift them high, O everlasting doors; \*  
and the King of glory shall come in.  
"Who is he, this King of glory?" \*  
"The LORD of hosts,  
he is the King of glory."

## SECOND READING

Ephesians 1.3-14

*Lector*            A Reading from the Letter to the Ephesians.

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the

seal of the promised Holy Spirit; this is the pledge of our inheritance toward redemption as God's own people, to the praise of his glory.

*Lector*           The Word of the Lord.  
*People*           **Thanks be to God.**

*(The people stand)*

## **SEQUENCE HYMN**

Baptized in Water

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*(Congregation sings vv. 1 & 2, the Gospel is read, then v. 3 is sung)*

## **HOLY GOSPEL**

Mark 6.14-29

*Presider*       The Holy Gospel of our Lord Jesus Christ According to Mark.  
*People*       **Glory to you, Lord Christ.**

King Herod heard of Jesus and his disciples, for Jesus' name had become known. Some were saying, "John the baptizer has been raised from the dead; and for this reason these powers are at work in him." But others said, "It is Elijah." And others said, "It is a prophet, like one of the prophets of old." But when Herod heard of it, he said, "John, whom I beheaded, has been raised."

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, "It is not lawful for you to have your brother's wife." And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, "Ask me for whatever you wish, and I will give it." And he solemnly swore to her, "Whatever you ask me, I will give you, even half of my kingdom." She went out and said to her mother, "What should I ask for?" She replied, "The head of John the baptizer." Immediately she rushed back to the king and requested, "I want you to give me at once the head of John the Baptist on a platter." The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

*Presider*       The Gospel of the Lord.  
*People*       **Praise to you, Lord Christ.**

*(People are seated)*

**SERMON**

The Rev. Sharon K. Sheffield

*(Silent reflection)*

**NICENE CREED** *(Please stand)*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, ✠  
and the life of the world to come. Amen.**

## **PRAYERS OF THE PEOPLE**

Let us dance before the Lord with all our might and offer prayers for all peoples in every place.

For this holy gathering, for Michael our Presiding Bishop, for Sean our Presiding Bishop-elect, for John our bishop, for our parish clergy, and for the people of God in every place.

**Hear our prayer.**

For all nations, peoples, kin, and families.

**Hear our prayer.**

For mercy, justice, and peace throughout the world.

**Hear our prayer.**

For farmers and a good harvest, for those on vacation, and for safety from violent storms.

**Hear our prayer.**

For all who thirst and hunger; for all who are sick and those who are dying, for those who are poor and all who are oppressed, for all travelers and those in prison, and for their families. We pray especially those we mention now, silently or aloud [or in the comment section].

*(Pause)*

O God, our Father,

**Hear our prayer.**

For those who rest in Christ and for all the dead, especially those we mention now, silently or aloud [or in the comment section].

*(Pause)*

O God, our Father,

**Hear our prayer.**

Lifting our voices with all creation, with the Blessed Virgin Mary and all the saints, let us offer ourselves and one another to the living God through Christ.

**To you, O Lord our God.**

*Presider*      Blessed are you, God and Father of our Lord Jesus Christ. Hear the prayers we offer this day and grant us our inheritance as your own people; through Jesus Christ our Lord. **Amen.**

## CONFESSION OF SIN

*Presider* Let us confess our sins against God and our neighbor.

*Silence may be kept.*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed, by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will, and walk in your ways,  
to the glory of your Name. Amen.**

*Presider* Almighty God have mercy on you, ✠ forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## THE PEACE

*Presider* The peace of the Lord be always with you.

*People* **And also with you.**

*(Then the Ministers and People may greet one another in the name of the Lord.)*

## ANNOUNCEMENTS AND SPECIAL BLESSINGS

***Birthday and Anniversary Prayer:*** Watch over your *children*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when *they* stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may your peace which passes understanding abide all the days of *their* lives; through Jesus Christ our Lord. Amen.



## THE HOLY COMMUNION

### OFFERTORY ANTHEM

And Death Shall Have No Dominion

Poem by Dylan Thomas  
Music by Donald Hilliard, Jr.

Sung and accompanied by Donald Hilliard, Jr.

And death shall have no dominion.  
Dead men naked they shall be one  
With the man in the wind and the west moon;  
When their bones are picked clean and the clean bones gone,  
They shall have stars at elbow and foot;  
Though they go mad they shall be sane,  
Though they sink through the sea they shall rise again;  
Though lovers be lost love shall not;  
And death shall have no dominion.

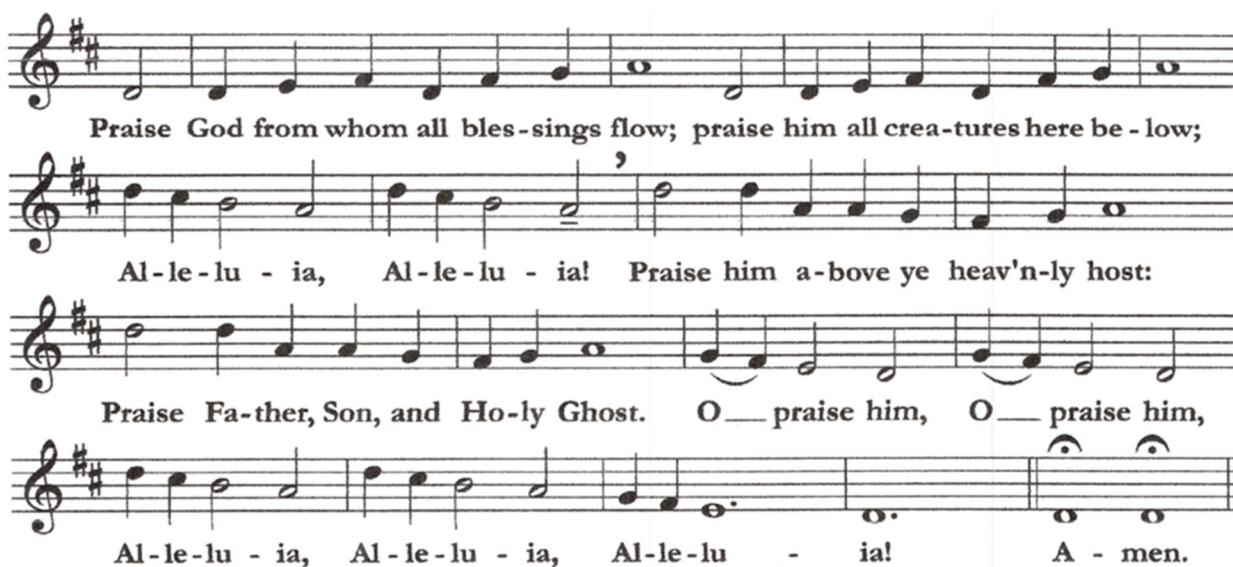
And death shall have no dominion.  
Under the windings of the sea  
They lying long shall not die windily;  
Twisting on racks when sinews give way,  
Strapped to a wheel, yet they shall not break;  
Faith in their hands shall snap in two,  
And the unicorn evils run them through;  
Split all ends up they shan't crack;  
And death shall have no dominion.

And death shall have no dominion.  
No more may gulls cry at their ears  
Or waves break loud on the seashores;  
Where blew a flower may a flower no more  
Lift its head to the blows of the rain;  
Though they be mad and dead as nails,  
Heads of the characters hammer through daisies;  
Break in the sun till the sun breaks down,  
And death shall have no dominion.

## PRESENTATION HYMN

Praise God from Whom All Blessings Flow

*Lasst uns erfreuen*



The musical score is written on four staves in G major (one sharp) and 4/4 time. The lyrics are: "Praise God from whom all blessings flow; praise him all creatures here below; Al-le-lu - ia, Al-le-lu - ia! Praise him above ye heav'n-ly host: Praise Fa-ther, Son, and Ho-ly Ghost. O\_\_ praise him, O\_\_ praise him, Al-le-lu - ia, Al-le-lu - ia, Al-le-lu - ia! A - men." The melody is simple and hymn-like, with a final cadence on the word "Amen".

*Words: Thomas Ken (1637-1711)*

*Music: Lasst uns erfreuen, melody from Auserlesene Catholische Geistliche Kirchengeseng, 1623; adapt. R.V. Williams (1872-1958)*

## THE GREAT THANKSGIVING

- Presider* The Lord be with you.  
*People* **And also with you.**  
*Presider* Lift up your hearts.  
*People* **We lift them to the Lord.**  
*Presider* Let us give thanks to the Lord our God.  
*People* **It is right to give our thanks and praise.**

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love.

And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing (say):

*At the 8:00 Service:*

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

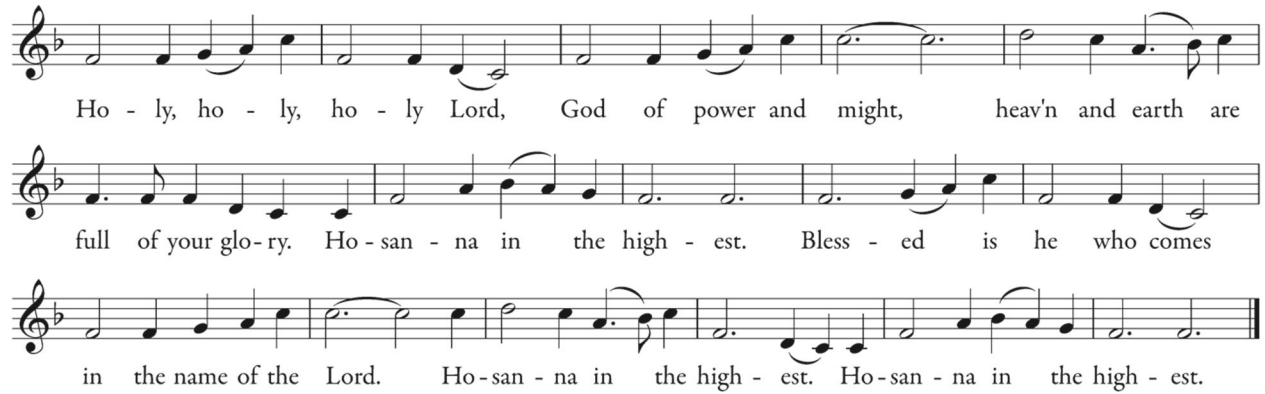
**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

At the 10:15 Service:

Land of Rest, arr. Richard Proulx



Ho - ly, ho - ly, ho - ly Lord, God of power and might, heav'n and earth are  
full of your glo-ry. Ho - san - na in the high - est. Bless - ed is he who comes  
in the name of the Lord. Ho - san - na in the high - est. Ho - san - na in the high - est.

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with [\_\_\_\_\_ and] all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now as our Savior Christ has taught us, we are bold to pray:

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

### **THE BREAKING OF THE BREAD**

*(A period of silence is kept after the Presider breaks the host)*

Alleluia! Christ our Passover is sacrificed for us.  
**Therefore let us keep the feast. Alleluia!**

*The Presider says the following invitation*

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

### **COMMUNION OF THE PEOPLE**

*All are welcome to receive Holy Communion at this Altar. Holy Communion will be distributed from a single Communion Station at the foot of the chancel steps. The Ushers will release people by row to receive Communion. **Gluten free wafers are available upon request.***

#### **PRAYER FOR SPIRITUAL COMMUNION**

*Those who are participating in the live streamed service and therefore not able to receive communion may wish to say the following prayer in recognition that the desire to receive communion carries the same spiritual benefits of actually consuming the consecrated elements.*

Lord Jesus Christ, you have instituted for us a great sacrament in your promise of life and love, which we remember now as we hear your words again: "This is my body; this is my blood — given for you." Feed us in our hearts with faith and trust, draw us closer to you and to each other, and strengthen us for service to our neighbor. We come before you now, with hearts you have fed all our lives with the promise that you have given yourself for us. Keep us strong in that faith until we can meet at your table again. Amen.

## POST COMMUNION PRAYER

*Presider* Let us pray.

**God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.**

## BLESSING

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, ✠ the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

## RECESSIONAL HYMN

God of Grace and God of Glory

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## THE DISMISSAL

*Presider* Go in peace to love and serve the Lord.

*People* **Thanks be to God.**

## VOLUNTARY

To a Wild Rose, Op. 51, No. 1

Edward MacDowell

*If you wish to leave during the Postlude, please do so quietly,  
out of respect for the pianist and out of courtesy for those staying to listen.*

**We welcome Mother Sharon Sheffield as our presider and preacher.  
Father Michael is at St. Thomas of Canterbury today.**

FLOWERS TODAY ARE GIVEN TO THE GLORY OF GOD

**Please join us in Francis Hall for refreshments and fellowship  
following the worship service**

(Francis Hall is out the main church doors and to the left)

**TODAY'S WORSHIP PARTICIPANTS**

	<u>8:00 SERVICE</u>	<u>10:15 SERVICE</u>
Presider & Preacher	Mo. Sharon Sheffield	Mo. Sharon Sheffield
Pianist	—	Andrea Hilliard
Crucifer	—	Ian Bond
Acolyte	—	David Luebben-Morrill
Lector	Kris Brooks	Caryn Cobb
Lay Eucharistic Ministers (LEMs)	Dana Linday Holly Graham	Beth Eldon Cheryl Rodi

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Texts of Sunday sermons are available on our parish website, at  
<http://stgregoryschurch.com/sermons-archive/>

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PROCESSIONAL HYMN

Hymnal 1982, Hymn 436

Lift Up Your Heads, Ye Mighty Gates

Truro

1 Lift up your heads, ye might - y gates; be - hold the  
 2 O blest the land, the ci - ty blest, where Christ the  
 3 Fling wide the por - tals of your heart; make it a  
 \*4 Re - deem - er, come! I o - pen wide my heart to  
 5 So come, my Sov - ereign; en - ter in! Let new and

1 King of glo - ry waits! The King of kings is  
 2 ru - ler is con - fessed! O hap - py hearts and  
 3 tem - ple, set a - part from earth - ly use for  
 4 thee: here, Lord, a - bide! Let me thy in - ner  
 5 no - bler life be - gin; thy Ho - ly Spi - rit

1 draw - ing near; the Sa - vior of the world is here.  
 2 hap - py homes to whom this King of tri - umph comes!  
 3 heaven's em - ploy, a - dorned with prayer and love and joy.  
 4 pres - ence feel: thy grace and love in me re - veal.  
 5 guide us on, un - til the glo - rious crown be won.

## SEQUENCE HYMN

Baptized in Water

Bunessan

(Congregation sings vv. 1 & 2, the Gospel is read, then v. 3 is sung)



1 Bap-tized in wa - ter, sealed by the Spir - it, cleansed by the  
2 Bap-tized in wa - ter, sealed by the Spir - it, dead in the  
3 Bap-tized in wa - ter, sealed by the Spir - it, marked with the



blood of Christ our king: heirs of sal - va - tion, trust-ing his  
tomb with Christ our king: one with his ris - ing, freed and for -  
sign of Christ our king: born of the Spir - it, we are God's



prom - ise, faith - ful - ly now God's praise we sing.  
giv - en, thank - ful - ly now God's praise we sing.  
chil - dren; joy - ful - ly now God's praise we sing.

Text: Michael Saward, b. 1932

Music: BUNESSAN, Gaelic tune

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# RECESSIONAL HYMN

Hymnal 1982, Hymn 594

God of Grace and God of Glory

Cwm Rhondda

1 God of grace and God of glo - ry, on thy peo - ple pour thy power;  
2 Lo! the hosts of e - vil round us scorn thy Christ, as - sail his ways!  
3 Cure thy chil - dren's war - ring mad - ness, bend our pride to thy con - trol;  
4 Save us from weak res - ig - na - tion to the e - vils we de - plore;

crown thine an - cient Church's sto - ry; bring her bud to glo - rious flower.  
From the fears that long have bound us free our hearts to faith and praise:  
shame our wan - ton, self - ish glad - ness, rich in things and poor in soul.  
let the gift of thy sal - va - tion be our glo - ry ev - er - more.

Grant us wis - dom, grant us cour - age, for the fac - ing of this  
grant us wis - dom, grant us cour - age, for the liv - ing of these  
Grant us wis - dom, grant us cour - age, lest we miss thy king - dom's  
Grant us wis - dom, grant us cour - age, serv - ing thee whom we a -

hour, for the fac - ing of this hour.  
days, for the liv - ing of these days.  
goal, lest we miss thy king - dom's goal.  
dore, serv - ing thee whom we a - dore.

## ***THIS WEEK AT ST. GREGORY'S***

### **Tuesday, July 16**

**Centering Prayer** at **6:30 PM** via Zoom. Contact Fr. Michael for access information.

### **Thursday, July 18**

**Holy Eucharist and Healing Service** at **10:00 AM** in the Chapel.

**Bible Study** at **11:00 AM** in the Fireside Room. You may also access via Zoom. Contact Fr. Michael for access information.

### **Sunday, July 21 – Ninth Sunday after Pentecost**

**Holy Eucharist** (spoken) at **8:00 AM** in the Church.

**Holy Eucharist** (with music) at **10:15 AM** in the Church and live streamed on the St. Gregory's Facebook page (<https://facebook.com/stgregoryslongbeach/>).

***Nursery Care is available on Sundays, starting at 7:45 AM, in the Nursery (Room 3)***

***Sunday School (ages 5 and up) is on hiatus for the summer, but will return in September***

### **Daily Offices (Tuesday through Thursday)**

**Daily Morning Prayer:** Tuesday through Thursday at **9:00 AM** on the St. Thomas Facebook page (<https://facebook.com/Saint-Thomas-of-Canterbury-Episcopal-Church-of-Long-Beach-CA-124554214274325/>).

**Daily Evening Prayer:** Tuesday through Thursday at **5:00 PM** on the St. Gregory's Facebook page (<https://facebook.com/stgregoryslongbeach/>).

*For the Daily Offices, you will need either a Book of Common Prayer or you can download the Morning and Evening Prayer liturgies and the Psalms for the week from the St. Gregory's website ([www.stgregoryschurch.com](http://www.stgregoryschurch.com)).*

## **ANNOUNCEMENTS**

**Summer Pledge Payments:** Summer is always a little bit rough for parish finances. Monthly income tends to drop due to parishioners being away on vacation. While our parishioners get to take vacations, the parish does not get a vacation from paying the bills. If at all possible, please keep up with your monthly pledge commitments during the summer months. It will make life a lot easier and less stressful for the Treasurer and the Finance Office. We are very grateful for your efforts to do so!

**Episcopal Night at Dodger Stadium!** It's time for Dodger Baseball! Baseball season is underway, so it is time once again for all Episcopalians to gather at Dodger Stadium for Episcopal Night on **Friday, September 6** at 7:00 PM, when the Dodgers will take on the Cleveland Guardians. The ticket prices are \$35.00 this year. There will be a spectacular drone show following the game. Tamera Benedict is the coordinator this year and will be assisting us as we navigate the new Online Ticket Process. **NO MORE PAPER TICKETS.** Sign-up sheets are in the back of the church. **JULY 23 is the deadline**, so sign up soon! Questions? Contact Tamera at 562-301-6800 or [tlbenedict4@gmail.com](mailto:tlbenedict4@gmail.com).

**St. Gregory's always has your back!** BackPACK that is! The Long Beach Rescue Mission is again partnering with local middle schools to provide backpacks and supplies to children in need. We will run our drive from July 7 – August 4, and our goal is to provide as many backpacks as possible. The list is specific, so please do not add anything extra. Remember, you do not have to provide a full backpack; simply donate what you are able. The flyer with detailed information is available on page 23 of this bulletin, as well as posted on the parish website. If you choose to make a cash donation, you may do so at <https://stgregoryschurch.com/4721-2> or in the collection plate; make sure that you designate that your donation is earmarked for backpacks.

**Birthday Card for Marilyn Steenbock:** Marilyn Steenbock, a long-time St. Gregory's parishioner who is now in a care facility in Torrance, is turning 100 years young! We have a large birthday card for her and invite you to sign the card. You can find the card in the Narthex. Shirley Lyddon will take the card to the birthday celebration on August 4<sup>th</sup>.

**Altar Flower Donations:** Need a wonderful way to honor or remember a loved one or friend? Make a flower donation. There is a flower donation chart located on the Narthex wall that you can use to sign up for special dates to donate altar flowers. Simply fill out a donation form attached to the bottom of the chart and return the form to the Parish Office. Payment for flowers can be made by check or online at <https://stgregoryschurch.com/4721-2>. Make sure you specify your donation is for Altar Flowers. The Altar Guild thanks you.

**Feed My Lambs and Food Bank:** THANK YOU for your generosity and your donations. Here's the latest news on our parish feeding programs.

- **Feed My Lambs** has the following needs: **100 HARDBOILED EGGS; HOMEMADE COOKIES**
  - **Homemade cookies** can be brought to church on any Sunday, in ziplock freezer bags, labeled "Feed My Lambs" to the kitchen.
  - **Wednesday, July 31 from 9:00 AM to Noon** you can deliver to the office:

- Hardboiled eggs
- Homemade Cookies
- **Thursday, August 1 until 11:00 AM** you can deliver to the kitchen:
  - Homemade Cookies
  - Hardboiled Eggs
- **Friday, August 2 from 1:00 to 3:00 PM** you can deliver to the kitchen:
  - Hardboiled Eggs
- **Our Guests always need white athletic socks and belts!** Which you can put in the Feed My Lambs bin outside the church on any Sunday.
- **Volunteers** – We need some additional volunteers to help with serving our guests at St. Luke’s on the first Saturday of every month. Contact Tamera if interested.

If you have questions about helping out with Feed My Lambs or dropping off items, contact Tamera Benedict at ([tlbenedict4@gmail.com](mailto:tlbenedict4@gmail.com), 562.301.6800).

- **Food Bank** – The Food Bank relies on your financial support and appreciates any donations of funds or non-perishable food items. We also welcome any volunteers at our bagging and distribution the third Wednesday of each month from 8:30 to 11:00 AM. Please contact Kevin in the Parish Office ([info@stgregoryschurch.com](mailto:info@stgregoryschurch.com), 562.420.1311) for more information about the Food Bank.

Your continued support of our feeding ministries, through product and monetary contributions, is greatly appreciated!

**Gratitude for Your Support of the Parish:** We continue to be humbled and so incredibly grateful for your generosity in supporting our parish and its ministries! While you may not be able to drop your donation in a real offering plate, there are still ways you can make sure your donation gets to the parish:

- You can mail your check to the parish office.
- Make donations through our online payment account, accessible through the parish website at <http://stgregoryschurch.com/4721-2/>.
- Scan the QR code found in the Sunday bulletin.

And again, THANK YOU for your continued support!

**Parish Directory:** Our online parish directory is at <https://www.instantchurchdirectory.com/>. This is a secure site and can be accessed using the email address you had published in the parish directory. You can also download the “Instant Church Directory” on your smart phone. Versions are available for Android, iPhone, iPad, and Kindle.

**One Body & One Spirit Annual Appeal:** The Diocese has established an ongoing campaign focused on raising funds to assist congregations, schools, affiliated institutions, and their communities who are faced with unprecedented challenges. We are invited to prayerfully consider making a donation to help others in our Diocese who may have unmet needs. More information is available at <https://diocesela.org/annual-appeal/>.

**Forward Day By Day:** For those who use the Forward Day By Day booklet for personal devotions and need the newest edition mailed, please contact Kevin at 562-420-1311 or [info@stgregoryschurch.com](mailto:info@stgregoryschurch.com).

**In Case of Emergency . . . Notify Your Priest!** With our combined ministry program with St. Thomas of Canterbury comes additional coverage for pastoral emergencies. In the event of a hospital stay, illness, death in the family, or other pastoral emergency, please call Father Michael on his cell phone (909-373-6478) any day except Monday, his Sabbath day. Mother Sharon (562-833-3393) covers emergencies in both communities on Monday, just as Father Michael covers emergencies in both parishes on Friday, Mother Sharon's Sabbath. And PLEASE, no excuses about not wanting to bother me. That's why we are here – for YOU!

### ***PRAYER LIST***

Lydia Gibbs, Suzan Laverty, Martin Nemitz, Ferdinand Gonzalez, Patrick McDonough, Mike Laverty, Michael S., Barbara Smuck, Mother Beryl, Kathryn Courtney, Eric Graham, Walt Gupton, Scott Morgan, Fran Luebben-Morgan, Rosy Ixco, Harold Peacock, Heather Simundson, Rudy Revell, Jared Baker, Kimberly Bouzguenda, Shannon Romano, Ralph Tesla, Danny Kimball, Betty Lang, Anne Cantrell, Karen McDonough, Marilyn Finney, Kathy Stein, Matt Burger, David Feit-Pretzer, Kathy Edwards, Darlene Feit-Pretzer, Jo Ridenour, Keeley Gilmore, Robyn, David, Betty Peacock, Maria White, Anita, Laura Mae Harper, Wallace Landry, Allan Chan, Elizabeth Laursen, Bruce Schneider, Dan Tyler

Rest of the soul of Bob Gergen (father of Holly Graham)

*Note: Unless we are aware of on-going concerns, names only stay on the Parish Prayer List for a month. If names need to be re-added, please notify the Parish Office.*





2024

*St. Gregory's ALWAYS has Your Back!*

**Backpack** that is! The Long Beach Rescue Mission will again partner with local schools to supply and distribute thousands of backpacks and supplies to middle school students in need. Regardless of how schools have changed, students need the supplies to do their work.

Our goal for St. Gregory's is to provide filled backpacks to help as many students as possible start the year off prepared. The list of supplies is very specific so please do not add extra items. The backpacks **MUST BE SOLID COLOR** and **NO ROLLING BACKPACKS**.

Collections will take place July 7 – August 4 in a variety of ways.

1. If you choose to order from any online source, please, ship your orders to Dana Lindsay, 2226 Gondar Ave., Long Beach, 90815 as the church is not always open at delivery times.
2. Monetary donations can be made via the church website; simply go to [www.stgregoryschurch.com](http://www.stgregoryschurch.com), and designate Outreach Backpacks. You may also place a donation in the collection plate earmarked for backpacks.
3. Drop Off on Site will be all Sundays throughout the drive.

This is one way we can love our neighbors.

- **NEW SOLID COLOR** backpack
- (1) 6-pack, BLACK/BLUE ballpoint pens
- (1) 6-pack, RED ballpoint pens
- (1) 12-pack, #2 pencils w/ erasers
- (1) pack of subject dividers
- (1) pack of glue sticks
- (1) 2" hardcover 3-ring binder
- (1) "12 ruler
- (1) large pink eraser
- (1) plastic pen/pencil holder (3-ring)
- (1) 3 X 5 lined index cards
- (1) pencil sharpener (with shavings holder)
- (2) one-subject spiral notebook
- (2) college-ruled notebook paper, loose leaf



# ST. GREGORY'S EPISCOPAL CHURCH

6201 E. WILLOW STREET, LONG BEACH, CALIFORNIA 90815  
562-420-1311 [WWW.STGREGORYSCHURCH.COM](http://WWW.STGREGORYSCHURCH.COM)

## **WELCOME TO ST. GREGORY'S EPISCOPAL CHURCH!**

St. Gregory's is a warm and caring community of families and singles, young and old, committed to sharing the good news that Jesus is the Lord of all life. We are an Episcopal Church, having members from all backgrounds and religious traditions. Many of us had no church involvement before coming here. We want to offer to you the same welcome and friendship that were extended to us when we came to St. Gregory's.

## **ST. GREGORY'S MISSION STATEMENT**

God has called us into Christian community and gifted us for ministry:

- To worship and glorify God
- To transform faith into action
- To share the love of Jesus Christ

The Right Reverend John H. Taylor  
Bishop of the Episcopal Diocese of Los Angeles

The Reverend Michael K. Fincher, Rector  
[rector@stgregoryschurch.com](mailto:rector@stgregoryschurch.com)

David York, Music Director & Organist  
[york1635@aol.com](mailto:york1635@aol.com)

Kevin Wood, Parish Administrator  
[info@stgregoryschurch.com](mailto:info@stgregoryschurch.com)

Parish Office Hours: 9:00am-12:00pm, Tuesday – Friday  
[www.stgregoryschurch.com](http://www.stgregoryschurch.com)