

# Psalms for Morning Prayer

## April 22 to April 26

### Monday, April 22

#### 41 *Beatus qui intelligit*

1 Happy are they who consider the poor and needy! \*  
the Lord will deliver them in the time of trouble.

2 The Lord preserves them and keeps them alive,  
so that they may be happy in the land; \*  
he does not hand them over to the will of their enemies.

3 The Lord sustains them on their sickbed \*  
and ministers to them in their illness.

4 I said, "Lord, be merciful to me; \*  
heal me, for I have sinned against you."

5 My enemies are saying wicked things about me: \*  
"When will he die, and his name perish?"

6 Even if they come to see me, they speak empty words; \*  
their heart collects false rumors;  
they go outside and spread them.

7 All my enemies whisper together about me \*  
and devise evil against me.

8 "A deadly thing," they say, "has fastened on him; \*  
he has taken to his bed and will never get up again."

9 Even my best friend, whom I trusted,  
who broke bread with me, \*  
has lifted up his heel and turned against me.

10 But you, O Lord, be merciful to me and raise me up, \*  
and I shall repay them.

11 By this I know you are pleased with me, \*  
that my enemy does not triumph over me.

12 In my integrity you hold me fast, \*  
and shall set me before your face for ever.

13 Blessed be the Lord God of Israel, \*  
from age to age. Amen. Amen.

## **52** *Quid gloriaris?*

1 You tyrant, why do you boast of wickedness \*  
against the godly all day long?

2 You plot ruin;  
your tongue is like a sharpened razor, \*  
O worker of deception.

3 You love evil more than good \*  
and lying more than speaking the truth.

4 You love all words that hurt, \*  
O you deceitful tongue.

5 Oh, that God would demolish you utterly, \*  
topple you, and snatch you from your dwelling,  
and root you out of the land of the living!

6 The righteous shall see and tremble, \*  
and they shall laugh at him, saying,

7 "This is the one who did not take God for a refuge, \*  
but trusted in great wealth  
and relied upon wickedness."

8 But I am like a green olive tree in the house of God; \*  
I trust in the mercy of God for ever and ever.

9 I will give you thanks for what you have done \*  
and declare the goodness of your Name in the presence  
of the godly.

## Tuesday, April 23

### 45 *Eructavit cor meum*

1 My heart is stirring with a noble song;  
let me recite what I have fashioned for the king; \*  
my tongue shall be the pen of a skilled writer.

2 You are the fairest of men; \*  
grace flows from your lips,  
because God has blessed you for ever.

3 Strap your sword upon your thigh, O mighty warrior, \*  
in your pride and in your majesty.

4 Ride out and conquer in the cause of truth \*  
and for the sake of justice.

5 Your right hand will show you marvelous things; \*  
your arrows are very sharp, O mighty warrior.

6 The peoples are falling at your feet, \*  
and the king's enemies are losing heart.

7 Your throne, O God, endures for ever and ever, \*  
a scepter of righteousness is the scepter of your kingdom;  
you love righteousness and hate iniquity.

8 Therefore God, your God, has anointed you \*  
with the oil of gladness above your fellows.

9 All your garments are fragrant with myrrh, aloes, and cassia, \*  
and the music of strings from ivory palaces makes you glad.

10 Kings' daughters stand among the ladies of the court; \*  
on your right hand is the queen, adorned with the gold of Ophir.

11 "Hear, O daughter; consider and listen closely; \*  
forget your people and your father's house.

12 The king will have pleasure in your beauty; \*  
he is your master; therefore do him honor.

13 The people of Tyre are here with a gift; \*  
the rich among the people seek your favor."

14 All glorious is the princess as she enters; \*  
her gown is cloth-of-gold.

15 In embroidered apparel she is brought to the king; \*  
after her the bridesmaids follow in procession.

16 With joy and gladness they are brought, \*  
and enter into the palace of the king.

17 "In place of fathers, O king, you shall have sons; \*  
you shall make them princes over all the earth.

18 I will make your name to be remembered  
from one generation to another; \*  
therefore nations will praise you for ever and ever."

## **Wednesday, April 24**

### **119**

**Zayin** *Memor esto verbi tui*

49 Remember your word to your servant, \*  
because you have given me hope.

50 This is my comfort in my trouble, \*  
that your promise gives me life.

51 The proud have derided me cruelly, \*  
but I have not turned from your law.

52 When I remember your judgments of old, \*  
O Lord, I take great comfort.

53 I am filled with a burning rage, \*  
because of the wicked who forsake your law.

54 Your statutes have been like songs to me \*  
wherever I have lived as a stranger.

55 I remember your Name in the night, O Lord, \*  
and dwell upon your law.

56 This is how it has been with me, \*  
because I have kept your commandments.

**Heth** *Portio mea, Domine*

57 You only are my portion, O Lord; \*  
I have promised to keep your words.

58 I entreat you with all my heart, \*  
be merciful to me according to your promise.

59 I have considered my ways \*  
and turned my feet toward your decrees.

60 I hasten and do not tarry \*  
to keep your commandments.

61 Though the cords of the wicked entangle me, \*  
I do not forget your law.

62 At midnight I will rise to give you thanks, \*  
because of your righteous judgments.

63 I am a companion of all who fear you \*  
and of those who keep your commandments.

64 The earth, O Lord, is full of your love; \*  
instruct me in your statutes.

**Teth** *Bonitatem fecisti*

65 O Lord, you have dealt graciously with your servant, \*  
according to your word.

66 Teach me discernment and knowledge, \*  
for I have believed in your commandments.

67 Before I was afflicted I went astray, \*  
but now I keep your word.

68 You are good and you bring forth good; \*  
instruct me in your statutes.

69 The proud have smeared me with lies, \*  
but I will keep your commandments with my whole heart.

70 Their heart is gross and fat, \*  
but my delight is in your law.

71 It is good for me that I have been afflicted, \*  
that I might learn your statutes.

72 The law of your mouth is dearer to me \*  
than thousands in gold and silver.

**Thursday, April 25 – St. Mark**

**145** *Exaltabo te, Deus*

1 I will exalt you, O God my King, \*  
and bless your Name for ever and ever.

2 Every day will I bless you \*  
and praise your Name for ever and ever.

3 Great is the Lord and greatly to be praised; \*  
there is no end to his greatness.

4 One generation shall praise your works to another \*  
and shall declare your power.

5 I will ponder the glorious splendor of your majesty \*  
and all your marvelous works.

6 They shall speak of the might of your wondrous acts, \*  
and I will tell of your greatness.

7 They shall publish the remembrance of your great goodness; \*  
they shall sing of your righteous deeds.

8 The Lord is gracious and full of compassion, \*  
slow to anger and of great kindness.

9 The Lord is loving to everyone \*  
and his compassion is over all his works.

10 All your works praise you, O Lord, \*  
and your faithful servants bless you.

11 They make known the glory of your kingdom \*  
and speak of your power;

12 That the peoples may know of your power \*  
and the glorious splendor of your kingdom.

13 Your kingdom is an everlasting kingdom; \*  
your dominion endures throughout all ages.

14 The Lord is faithful in all his words \*  
and merciful in all his deeds.

15 The Lord upholds all those who fall; \*  
he lifts up those who are bowed down.

16 The eyes of all wait upon you, O Lord, \*  
and you give them their food in due season.

17 You open wide your hand \*  
and satisfy the needs of every living creature.

18 The Lord is righteous in all his ways \*  
and loving in all his works.

19 The Lord is near to those who call upon him, \*  
to all who call upon him faithfully.

20 He fulfills the desire of those who fear him; \*  
he hears their cry and helps them.

21 The Lord preserves all those who love him, \*  
but he destroys all the wicked.

22 My mouth shall speak the praise of the Lord; \*  
let all flesh bless his holy Name for ever and ever.

## Friday, April 26

### 40 *Expectans, expectavi*

1 I waited patiently upon the Lord; \*  
he stooped to me and heard my cry.

2 He lifted me out of the desolate pit, out of the mire and clay; \*  
he set my feet upon a high cliff and made my footing sure.

3 He put a new song in my mouth,  
a song of praise to our God; \*  
many shall see, and stand in awe,  
and put their trust in the Lord.

4 Happy are they who trust in the Lord! \*  
they do not resort to evil spirits or turn to false gods.

5 Great things are they that you have done, O Lord my God!  
how great your wonders and your plans for us! \*  
there is none who can be compared with you.



6 Oh, that I could make them known and tell them! \*  
but they are more than I can count.

7 In sacrifice and offering you take no pleasure \*  
(you have given me ears to hear you);

8 Burnt-offering and sin-offering you have not required, \*  
and so I said, "Behold, I come.

9 In the roll of the book it is written concerning me: \*  
'I love to do your will, O my God;  
your law is deep in my heart.'"

10 I proclaimed righteousness in the great congregation; \*  
behold, I did not restrain my lips;  
and that, O Lord, you know.

11 Your righteousness have I not hidden in my heart;  
I have spoken of your faithfulness and your deliverance; \*  
I have not concealed your love and faithfulness from the great congregation.

12 You are the Lord;  
do not withhold your compassion from me; \*  
let your love and your faithfulness keep me safe for ever,

13 For innumerable troubles have crowded upon me;  
my sins have overtaken me, and I cannot see; \*  
they are more in number than the hairs of my head,  
and my heart fails me.

14 Be pleased, O Lord, to deliver me; \*  
O Lord, make haste to help me.

15 Let them be ashamed and altogether dismayed  
who seek after my life to destroy it; \*  
let them draw back and be disgraced who take pleasure in my misfortune.

16 Let those who say "Aha!" and gloat over me be confounded, \*  
because they are ashamed.

17 Let all who seek you rejoice in you and be glad; \*  
let those who love your salvation continually say,  
"Great is the Lord!"

18 Though I am poor and afflicted, \*  
the Lord will have regard for me.

19 You are my helper and my deliverer; \*  
do not tarry, O my God.

## **54** *Deus, in nomine*

1 Save me, O God, by your Name; \*  
in your might, defend my cause.

2 Hear my prayer, O God; \*  
give ear to the words of my mouth.

3 For the arrogant have risen up against me,  
and the ruthless have sought my life, \*  
those who have no regard for God.

4 Behold, God is my helper; \*  
it is the Lord who sustains my life.

5 Render evil to those who spy on me; \*  
in your faithfulness, destroy them.

6 I will offer you a freewill sacrifice \*  
and praise your Name, O Lord, for it is good.

7 For you have rescued me from every trouble, \*  
and my eye has seen the ruin of my foes.