

Psalms for Morning Prayer

April 15 to April 19

Monday, April 15

25 *Ad te, Domine, levavi*

1 To you, O Lord, I lift up my soul;
my God, I put my trust in you; *
let me not be humiliated,
nor let my enemies triumph over me.

2 Let none who look to you be put to shame; *
let the treacherous be disappointed in their schemes.

3 Show me your ways, O Lord, *
and teach me your paths.

4 Lead me in your truth and teach me, *
for you are the God of my salvation;
in you have I trusted all the day long.

5 Remember, O Lord, your compassion and love, *
for they are from everlasting.

6 Remember not the sins of my youth and my transgressions; *
remember me according to your love
and for the sake of your goodness, O Lord.

7 Gracious and upright is the Lord; *
therefore he teaches sinners in his way.

8 He guides the humble in doing right *
and teaches his way to the lowly.

9 All the paths of the Lord are love and faithfulness *
to those who keep his covenant and his testimonies.

10 For your Name's sake, O Lord, *
forgive my sin, for it is great.

11 Who are they who fear the Lord? *
he will teach them the way that they should choose.

12 They shall dwell in prosperity, *
and their offspring shall inherit the land.

13 The Lord is a friend to those who fear him *
and will show them his covenant.

14 My eyes are ever looking to the Lord, *
for he shall pluck my feet out of the net.

15 Turn to me and have pity on me, *
for I am left alone and in misery.

16 The sorrows of my heart have increased; *
bring me out of my troubles.

17 Look upon my adversity and misery *
and forgive me all my sin.

18 Look upon my enemies, for they are many, *
and they bear a violent hatred against me.

19 Protect my life and deliver me; *
let me not be put to shame, for I have trusted in you.

20 Let integrity and uprightness preserve me, *
for my hope has been in you.

21 Deliver Israel, O God, *
out of all his troubles.

Tuesday, April 16

26 *Judica me, Domine*

1 Give judgment for me, O Lord,
for I have lived with integrity; *
I have trusted in the Lord and have not faltered.

2 Test me, O Lord, and try me; *
examine my heart and my mind.

3 For your love is before my eyes; *
I have walked faithfully with you.

4 I have not sat with the worthless, *
nor do I consort with the deceitful.

5 I have hated the company of evildoers; *
I will not sit down with the wicked.

6 I will wash my hands in innocence, O Lord, *
that I may go in procession round your altar,

7 Singing aloud a song of thanksgiving *
and recounting all your wonderful deeds.

8 Lord, I love the house in which you dwell *
and the place where your glory abides.

9 Do not sweep me away with sinners, *
nor my life with those who thirst for blood,

10 Whose hands are full of evil plots, *
and their right hand full of bribes.

11 As for me, I will live with integrity; *
redeem me, O Lord, and have pity on me.

12 My foot stands on level ground; *
in the full assembly I will bless the Lord.

28 *Ad te, Domine*

1 O Lord, I call to you;
my Rock, do not be deaf to my cry; *
lest, if you do not hear me,
I become like those who go down to the Pit.

2 Hear the voice of my prayer when I cry out to you, *
when I lift up my hands to your holy of holies.

3 Do not snatch me away with the wicked or with the
evildoers, *
who speak peaceably with their neighbors,
while strife is in their hearts.

4 Repay them according to their deeds, *
and according to the wickedness of their actions.

5 According to the work of their hands repay them, *
and give them their just deserts.

6 They have no understanding of the Lord's doings,
nor of the works of his hands; *
therefore he will break them down and not build them up.

7 Blessed is the Lord! *
for he has heard the voice of my prayer.

8 The Lord is my strength and my shield; *
my heart trusts in him, and I have been helped;
9 Therefore my heart dances for joy, *
and in my song will I praise him.

10 The Lord is the strength of his people, *
a safe refuge for his anointed.

11 Save your people and bless your inheritance; *
shepherd them and carry them for ever.

Wednesday, April 17

38 *Domine, ne in furore*

1 O Lord, do not rebuke me in your anger; *
do not punish me in your wrath.

2 For your arrows have already pierced me, *
and your hand presses hard upon me.

3 There is no health in my flesh,
because of your indignation; *
there is no soundness in my body, because of my sin.

4 For my iniquities overwhelm me; *
like a heavy burden they are too much for me to bear.

5 My wounds stink and fester *
by reason of my foolishness.

6 I am utterly bowed down and prostrate; *
I go about in mourning all the day long.

7 My loins are filled with searing pain; *
there is no health in my body.

8 I am utterly numb and crushed; *
I wail, because of the groaning of my heart.

9 O Lord, you know all my desires, *
and my sighing is not hidden from you.

10 My heart is pounding, my strength has failed me, *
and the brightness of my eyes is gone from me.

11 My friends and companions draw back from my affliction; *
my neighbors stand afar off.

12 Those who seek after my life lay snares for me; *
those who strive to hurt me speak of my ruin
and plot treachery all the day long.

13 But I am like the deaf who do not hear, *
like those who are mute and do not open their mouth.

14 I have become like one who does not hear *
and from whose mouth comes no defense.

15 For in you, O Lord, have I fixed my hope; *
you will answer me, O Lord my God.

16 For I said, "Do not let them rejoice at my expense, *
those who gloat over me when my foot slips."

17 Truly, I am on the verge of falling, *
and my pain is always with me.

18 I will confess my iniquity *
and be sorry for my sin.

19 Those who are my enemies without cause are mighty, *
and many in number are those who wrongfully hate me.

20 Those who repay evil for good slander me, *
because I follow the course that is right.

21 O Lord, do not forsake me; *
be not far from me, O my God.

22 Make haste to help me, *
O Lord of my salvation.

Thursday, April 18

37

Part I *Noli æmulari*

1 Do not fret yourself because of evildoers; *
do not be jealous of those who do wrong.

2 For they shall soon wither like the grass, *
and like the green grass fade away.

3 Put your trust in the Lord and do good; *
dwell in the land and feed on its riches.

4 Take delight in the Lord, *
and he shall give you your heart's desire.

5 Commit your way to the Lord and put your trust in him, *
and he will bring it to pass.

6 He will make your righteousness as clear as the light *
and your just dealing as the noonday.

7 Be still before the Lord *
and wait patiently for him.

8 Do not fret yourself over the one who prospers, *
the one who succeeds in evil schemes.

9 Refrain from anger, leave rage alone; *
do not fret yourself; it leads only to evil.

10 For evildoers shall be cut off, *
but those who wait upon the Lord shall possess the land.

11 In a little while the wicked shall be no more; *
you shall search out their place, but they will not be there.

12 But the lowly shall possess the land; *
they will delight in abundance of peace.

13 The wicked plot against the righteous *
and gnash at them with their teeth.

14 The Lord laughs at the wicked, *
because he sees that their day will come.

15 The wicked draw their sword and bend their bow
to strike down the poor and needy, *
to slaughter those who are upright in their ways.

16 Their sword shall go through their own heart, *
and their bow shall be broken.

17 The little that the righteous has *
is better than great riches of the wicked.

18 For the power of the wicked shall be broken, *
but the Lord upholds the righteous.

Friday, April 19

105

Part I *Confitemini Domino*

1 Give thanks to the Lord and call upon his Name; *
make known his deeds among the peoples.

2 Sing to him, sing praises to him, *
and speak of all his marvelous works.

3 Glory in his holy Name; *
let the hearts of those who seek the Lord rejoice.

4 Search for the Lord and his strength; *
continually seek his face.

5 Remember the marvels he has done, *
his wonders and the judgments of his mouth,

6 O offspring of Abraham his servant, *
O children of Jacob his chosen.

7 He is the Lord our God; *
his judgments prevail in all the world.

8 He has always been mindful of his covenant, *
the promise he made for a thousand generations:

9 The covenant he made with Abraham, *
the oath that he swore to Isaac,

10 Which he established as a statute for Jacob, *
an everlasting covenant for Israel,

11 Saying, "To you will I give the land of Canaan *
to be your allotted inheritance."

12 When they were few in number, *
of little account, and sojourners in the land,

13 Wandering from nation to nation *
and from one kingdom to another,

14 He let no one oppress them *
and rebuked kings for their sake,

15 Saying, "Do not touch my anointed *
and do my prophets no harm."

16 Then he called for a famine in the land *
and destroyed the supply of bread.

17 He sent a man before them, *
Joseph, who was sold as a slave.

18 They bruised his feet in fetters; *
his neck they put in an iron collar.

19 Until his prediction came to pass, *
the word of the Lord tested him.

20 The king sent and released him; *
the ruler of the peoples set him free.

21 He set him as a master over his household, *
as a ruler over all his possessions,

22 To instruct his princes according to his will *
and to teach his elders wisdom.