### **CENTERING PRAYER SESSION**

## **O Gracious Light**

O gracious Light,
pure brightness of the everliving Father in heaven,
O Jesus Christ, holy and blessed!
Now as we come to the setting of the sun,
and our eyes behold the vesper light,
we sing your praises, O God: Father, Son, and Holy Spirit.
You are worthy at all times to be praised by happy voices,
O Son of God, O Giver of life,
and to be glorified through all the worlds.

### **Reflective Reading**

## **Centering Prayer**

# **Lord's Prayer**

#### **Collect for the Presence of Christ**

Lord Jesus, stay with us, for evening is at hand and the day is past; be our companion in the way, kindle our hearts, and awaken hope, that we may know you as you are revealed in Scripture and the breaking of bread. Grant this for the sake of your love. **Amen**.

# **Prayer for Mission**

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. **Amen**.

#### Benediction

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. **Amen**.

## **CENTERING PRAYER GUIDELINES**

- 1. Choose a sacred word as the symbol of your intention to consent to God's presence and action within.
- 2. Sitting comfortably and with eyes closed, settle briefly and silently introduce the sacred word as the symbol of your consent to God's presence and action within.
- 3. When engaged with your thoughts, return ever-so-gently to the sacred word. (Thoughts include body sensations, feelings, images, and reflections).
- 4. At the end of the prayer period, remain in silence with eyes closed for a couple of minutes.