



# E-Newsletter | August 25 - September 1, 2017

*[Link to Scripture readings for each Sunday](#)*

## Preparing for Sunday

## Prayer List

*Please remember those on the Prayer List when you pray.*

*[Click link for the list of prayer requests.](#)*

## 13th Sunday after Pentecost

*[Click link to read this week's Sunday Bulletin.](#)*

## CALENDAR

*[Click here for Parish Calendar](#)*

## Monthly Service

## **September**

1-Feed My Lambs: Parish Hall: 9am

2-Feed My Lambs: St. Luke's: 7am

3-Holy Eucharist: Sanctuary: 8am & 10:15am

5-Food Bank Work Party: Fireside Room: 2:30pm

5-Outreach Committee Mtg: Room 10: 7pm

6-Food Bank: Fireside Room: 9:30am

6-Building & Grounds Mtg: Fireside Room: 7pm

7-Holy Eucharist/Healing Service: Chapel: 10am

7-Bible Study: Conference Room: 11am

10-Holy Eucharist: Sanctuary: 8am & 10:15am

10-Jr. Supper Club: Fireside Room: 4pm

12-Men's Fellowship: Fireside Room: 7pm

13-Women's Board Mtg: Fireside Room: 9:30am

13-Finance Committee Mtg: Fireside Room: 7pm

14-Holy Eucharist/Healing Service: Chapel: 10am

14-Bible Study: Conference Room: 11am

16-Building & Grounds Work Party: 8am

## Schedules

*click on link below...*

[LEM/Lectors  
\(September\)](#)

### Bronze Vocality Handbells:

This coming Sunday, September 3rd, Bronze Vocality Handbells - Beth & Lisa Jury, will be playing the prelude and the offertory for the 10:15 AM service.

### Episcopal Dodger Night Tickets:

If you reserved tickets for Episcopal Dodger Night (this coming Friday, September 8th), please pick them up from Lizz Spencer today or from the Parish Office this week. .

### From the Finance Office:

Pledge statements for the period of January to August will be available for pick up on September 10th in the Parish Hall.

### Memorial Service for Allen Ronk LaFoe:

Allen's memorial service will be at 5:00 PM on Sunday, October 1, at St. Luke's Episcopal Church. The church is located at 525 E. 7th Street, Long Beach (on the northwest corner of 7th and Atlantic).

### Updated Contact Information/Email:

Do you know someone that would like to get our emails that we send out each Friday? Do we have your most up-to-date address and contact information? Please contact Kevin in the office at [\(562\) 420-1311](tel:(562)420-1311) if you'd like to add someone to the email announcements. Also, if you've had a change of address we'd love to know so that we can keep you informed of the most recent events at St. Gregory's.

### Christian Education Teachers Needed:

The Christian Education Department is seeking those interested in teaching our younger members. This is a great way to get to know the young members of our

church and watch as they learn and embrace Jesus' teachings. Participate as a full-time teacher or part-time as you are able. If you want to be a substitute teacher, your assistance is welcomed as well. The only requirement for participating is taking the "Safe Church" online course. Please contact Laura Samaniego directly or by email at [laurasam5@aol.com](mailto:laurasam5@aol.com). Inquiries can also be left with the Parish Office.

## **Animal Shelter Outreach Opportunity:**

Our next collection opportunity begins this Sunday, September 3rd. We will again collect for the animals at the Long Beach P.D. Pitchford Companion Animal Village, and a list of supplies needed is found on the collection table. As a special addition, we would like to create a picture board of the Pets of St. Gregory's. Please send a picture of your cat, dog, turtle, bird, rabbit, fish and any other pet you may have with their name to Cheryl Rodi -jlrodi@verizon.net or [\(562\) 477-7709](tel:(562)477-7709) - or Kevin in the Parish Office. We will continue to collect supplies and pictures until the Blessing of the Animals on September 30.

## **"Living Wills, Trusts, and Your Estate" Seminar:**

Our second seminar on "end of life" issues will be offered on Sunday, September 10 after the 10:15service. More than 40 people attended the last seminar on Advanced Medical Directives (AMDs) and found it very informative. We think this second seminar will be equally helpful. Just as AMDs to make your wishes regarding medical care known, living wills and trusts make your wishes regarding disposition of your estate's assets to family and charities known. The "Living Wills, Trusts, and your Estate" seminar will introduce you to the legal and financial planning aspects of deciding how your assets will be distributed. Our presenter will be attorney Jenna Ellis, known and respected by some of our parishioners, whose specialty is wills, trusts and bequests. Her presentation will be close to an hour-long.

with time for questions and answers. We ask that those interested sign-up in advance with Patrick McDonough or with Kevin in the office.

## **In-Kind Donations:**

Many of you make loads of in-kind donations throughout the year to help support our various outreach programs - for which we are extremely grateful! In-kind donations are defined as those donations of items other than cash. You need to be aware that such donations ARE tax-deductible. However, there are a couple things you need to know about the deductibility of in-kind donations. First, non-profit organizations (such as ours) are only required to provide acknowledgement any donations (monetary or in-kind) if the amount exceeds \$250 in a year. Beyond that, documentation is needed for tax purposes, in the event that you should be audited by the IRS. But fear not! We do have a process in place to allow those making in-kind donations to receive proper acknowledgment for tax purposes. Whenever you make an in-kind donation, pick up a form from the Parish Office or the information table in the Parish Hall. You then fill out the form, have it signed by Father Michael or a member of the Vestry, and attach the receipt for the donated item(s). This will serve as official acknowledgment of the donation and its value, and is sufficient for tax purposes.

## **St. Gregory's Food Bank**

Our monthly Food Bank distribution takes place the first Wednesday of every month. This ministry helps us help our neighbors by providing a supplemental source of groceries. We CANNOT do this without your generosity. Your kindness is greatly appreciated!



We have plenty of canned vegetables, so...

Please consider donating the following:

**16oz Peanut Butter**

**1 lb Bagged Rice or Pinto Beans**

**16oz Pasta Sauce**

**Dry Cereal**

**This month we served 60 people!**

## **Spiritual Formation Opportunities**

Updated August 28, 2017

### **"The Passion of the Mystics: A Contemplative Journey"**

led by Mirabai Starr

Saturday, October 7, 2017

9:00 am - 4:00 pm

Church of Our Saviour

535 West Roses Road, San Gabriel

The mystics of all traditions claim that their love-encounter with the Holy One defies all description and yet their experience of longing and union pours out in the form of ecstatic, luminous and richly descriptive poetry and prose. In this workshop, we read short passages from the works of the great Christian mystics, John of the Cross, Teresa of Avila, Julian of Norwich, Francis and Claire of Assisi, and Hildegard of Bingen, as well as Sufi saint, Rabia, Hindu poet, Mirabai, and others, engaging these evocative words as objects of Lectio Divina (sacred reading). Then, grounding our encounter with the mystics in our own experience, we respond to writing prompts to access our unique voice and deepen our personal journey. Inter-spiritual chanting and simple body practices support and balance our contemplative readings and writing exercises.

Mirabai Starr is a scholar and mystic who brings a completely unique background to her spiritual life and journey. She was raised in a secular Jewish household

and is a translator of the Christian mystics, a lover of the Sufi mystical tradition, and a Buddhist meditation practitioner since the age of sixteen. Her books include God of Love: A Guide to the Heart of Judaism, Christianity, and Islam; Teresa of Avila: The Book of My Life; Mother of God: Similar to Fire; and many other titles. Mirabai Starr is adjunct professor of Philosophy and Religious Studies at the University of New Mexico. Register at <http://stillpointca.org/calendar-event/starr2017/>. Cost is \$48 (\$58 with lunch included).

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## The Episcopal News Weekly

### Bulletin insert for September 3, 2017

*serving the six-county diocese  
of  
Los Angeles*

Click on the link below to view this week's news from the Diocese of Los Angeles

[\*\*Diocese of Los Angeles Weekly News\*\*](#)

#### Pastoral Care Note

*When you are ill and not able to attend services at church, Clergy would like to know. They will visit you at your home or in the hospital. They will bring Holy Communion and the love of the congregation as well as prayers to your bedside. Please contact the parish office, [562 420 1311](tel:5624201311).*

#### **REGULAR WORSHIP SCHEDULE: SUNDAY**

**8:00 A.M.    Holy Eucharist Rite II**  
**9:00 A.M.    Sunday School**  
                        **Grades 9-12**  
**(High School young adults)**  
**10:00 A.M.    Sunday School**  
                        **Grades K-1**  
                        **Grades 2-5**  
                        **Grades 6-8**

## **10:15 A.M. Holy Eucharist Rite II**

**8:00 A.M. - 11:30 A.M. - Nursery care**

***Please join us in Francis Hall, after each service,  
for refreshments and conversation.***

Volunteers needed for refreshments, set-up, and serving. Interested? Please see Lurlie Edgecomb.

# THURSDAY

**10:00 A.M. Holy Eucharist Rite II  
*and Healing Service***

# CENTERING PRAYER

**Last Tuesday of the Month: 6:30 P.M. in the Sanctuary**

If you would like to receive our weekly e-newsletter,  
email your request to [info@stgregoryschurch.com](mailto:info@stgregoryschurch.com)

[www.stgregoryschurch.com](http://www.stgregoryschurch.com)

St. Gregory's Episcopal Church, 6201 E. Willow St., Long Beach, CA 90815